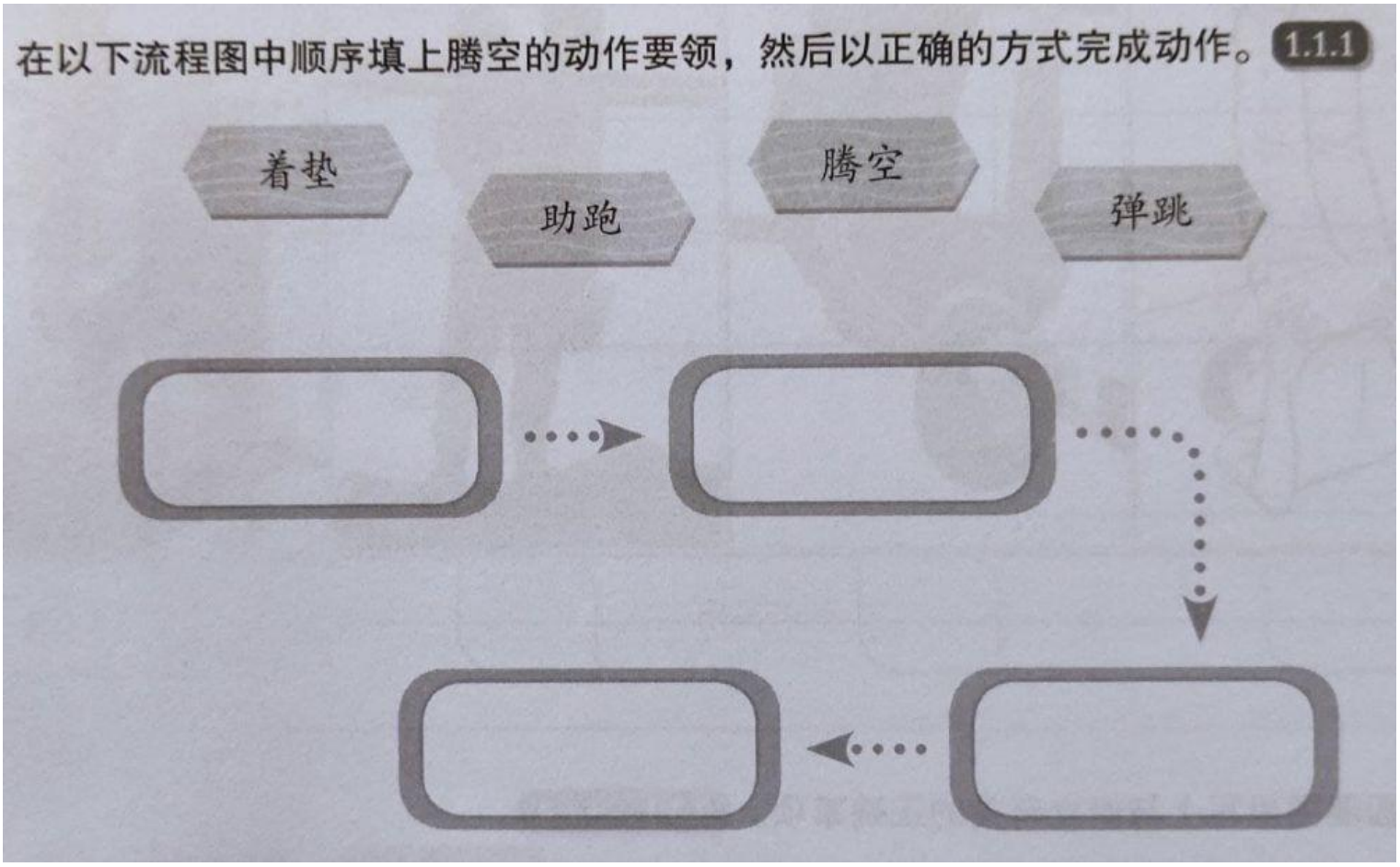在以下流程图中顺序填上腾空的动作要领，然后以正确的方式完成动作。 1.1.1