

St. Paul Technological Institute of Cavite
S.Y. 2020-2021
2nd Quarter Quiz

PHYSICAL EDUCATION

I. Movement in location, level, pathway

A. Identify the movement of the following picture.

1.



backward

forward

sideward

2.



sideward

forward

backward

3.



backward

sideward

forward

4.



high

middle

low

5.



high

middle

low

B. Input the answer, Identify the sign and direction

1.  Running in _____ direction	2.  Jump _____.
3.  Drive to a _____ line.	4.  Walk to the _____ direction
5.  Hop _____	

c. Varying speed classify the movement of the animals and machines.

1. 	2. 	3. 
4. 		5. 