


3 Fit as a Fiddle

Listening

A  Listen and repeat. Then practise saying the words.

- 1 fifth
- 2 fiftieth
- 3 sixth
- 4 sixtieth
- 5 eighth
- 6 eightieth
- 7 twelfth
- 8 twentieth

B  Listen and circle the numbers you hear

- | | | |
|---------------|--------------|---------------|
| 1 a 1/5 | b 1/50 | c 1/15 |
| 2 a 13% | b 30% | c 3% |
| 3 a 5,000,000 | b 50,000,000 | c 500,000,000 |
| 4 a 3,500 | b 35,000 | c 3,050 |
| 5 a 1798 | b 1978 | c 1878 |

C Read the *Exam Close-up*. Then think of a word or phrase for each gap in the *Exam Task* below.

D  Listen and complete the *Exam Task*.

Exam Task

You will hear someone talking about sleep problems.

For questions 1 – 7 complete the sentences with a word or short phrase.

- 1 People driving when they are tired are at least partly to blame for almost _____ of serious road accidents.
- 2 Our brains are designed to get ready for sleep when they sense _____.
- 3 Our modern lifestyles mean our sleep patterns are very different from our bodies' natural biological _____.
- 4 Young children need to sleep for about _____ every night.
- 5 Teenagers naturally tend to wake up _____ in the morning than adults.
- 6 Difficulties with sleeping are reported by approximately one _____ of Americans.
- 7 The speaker is disappointed that most sleep research is carried out by private companies rather than by government health _____.

E  Listen again and check your answers.



Exam Close-up

Thinking about the missing words

- Try to think of a word or phrase that goes in each gap before you listen.
- Look at the words before and after each gap. What type of word fits (e.g. noun, verb, adjective, etc.)?
- Think about the topic of the listening and list the words which you might hear

