

Daily routine - exercise

I. Read the text and underline the times - quarter past seven

Michael's Day

I usually get up at a quarter past seven - that's seven fifteen in the morning. I have breakfast at eight o'clock and then take the bus to work at half past eight. I usually arrive at quarter to nine. Sometimes, the bus is late and I arrive at about nine. My mornings are quite busy but I have a coffee break at about quarter to eleven if I can. I work until noon and then I have lunch. In the afternoon, I usually have another break at three fifteen. I finish work at five and I usually get home at quarter to six in the evening. At night, I usually go to bed at eleven o'clock.

II. Fill the gaps:

<i>Use numbers to write the time.</i>	
7.15 am	I get up.
	I have breakfast.
8.30 am	
8.45 am	
	I have a coffee break.
12.00 noon	
	I have another break.
5.00 pm	
	I get home.
11.00 pm	

<i>Use words to write the time.</i>	
What time does he get up?	At quarter past seven
	At eight o'clock
What time does he catch the bus?	
	At noon
What time does he have afternoon tea?	
	At five o'clock
What time does he get home?	
	At eleven o'clock