

Name: Form: Date:



HANDWASHING & PERSONAL HYGIENE



When do we need to wash our hands?

1. After going to the _____ .
2. Before _____ and _____ food.
3. If our hands look or feel _____ .
4. After playing with _____ .
5. After _____ outside .
6. After _____ or _____ or blowing your _____ .

EATING	DIRTY	SNEEZING	PETS	TOILET
TOUCHING		NOSE	PLAYING	COUGHING

Label the diagram to give the 6 points of good personal hygiene to remember during food preparation in the kitchen.