

Name: ..... Form: ..... Date: .....



## HANDWASHING & PERSONAL HYGIENE



***When do we need to wash our hands?***

1. After going to the \_\_\_\_\_.
2. Before \_\_\_\_\_ and \_\_\_\_\_ food.
3. If our hands look or feel \_\_\_\_\_.
4. After playing with \_\_\_\_\_.
5. After \_\_\_\_\_ outside .
6. After \_\_\_\_\_ or \_\_\_\_\_ or blowing your \_\_\_\_\_.

EATING	DIRTY	SNEEZING	PETS	TOILET
TOUCHING	NOSE	PLAYING		COUGHING

***Label the diagram to give the 6 points of good personal hygiene to remember during food preparation in the kitchen.***