

## I . WRITE CORRECT ANSWERS IN THE BOX.

Morning walk is very important for a healthy life. It refreshes the mind and the body . It prepares us for the day's work. One can also see the birds chirping on the trees. It is the only time when the roads are not crowded. The dew drops on the green grass and leaves of plants look like pearls. One should go for morning walk every day to keep body fit.

Q1. What is important for a healthy life?

A1.  walk is very important for a  life.

Q2. How does morning walk help us?

A2. It refreshes the  and the  . .

Q3. How does morning walk prepare us?

A3. Morning walk prepares us for the  .

Q4. When are the roads not crowded?

A4. In the   the roads are not crowded.

Q5. What should one do to keep body fit?

A5. One should go for   to keep body fit.