



Worksheet 1:
Who am I?

Name

Date

I am happiest when...



My favourite place is...



My most treasured possession is...



I am most relaxed when...



My favourite meal is...



I worry about...



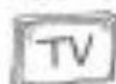
I am looking forward to...



I get angry when...



My favourite TV programme is...



I would most like to be...



If I was an animal,
I'd like to be a...



If I was to star in a TV
programme or film,
I'd most like to play...

