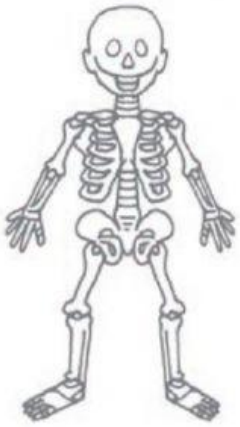
Write *bones* or *muscles*.



Complete the sentences. Write *bones* or *muscles*.

_____ are hard and rigid.

_____ are soft and elastic.

_____ contract and relax.

_____ form the skeleton.

Write *B* (bones) or *M* (muscles).

☐ ☐ ☐ ☐ ☐

Our **locomotor system** is made up of **bones**, **muscles** and **joints**.
Bones are hard and rigid. Muscles are soft and elastic.
Joints make the skeleton flexible. They all help us move.