



## Green Sally Up : an Afro American folk song.



Listen, then complete the text. Use the passive voice (be+past participle), the past simple (ed) or the past continuous (was or were +ing), or maybe the present perfect. You decide



Green Sally Up is an old work song that enslaved people in the US used to pick cotton. It first (record) by Alan Lomax, an ethnomusicologist between 1959 and 1960. It (perform) by Mattie Gardner, Ida Mae Towns and Jessie Lee Pratcher. The song (be) on the album "I'll Be So Glad When the Sun Goes Down: Alan Lomax's "Southern Journey". This song (sing) to give a rhythm to the work in the plantations of cotton. It (be) also a children nursery rhyme where "green" Sally, a young girl, (have to) go up and down on the rhythm of the song. Imagine, people (pick) cotton, going up and down to fill huge bags. They could work faster if they all (move) together. The children also (play) in rhythm. They (clap) their hands and they (sing) and dancing. It is fascinating

to see that although they (have) a hard life, they (be) creative and they (grab) the attention. It is so catchy that Moby (sample) it for his title "Flower" that (release) in the 2000's . Many crossfit students use it nowadays to do plank challenges. They should (sing) it to their teacher!

Listen again and complete the lyrics. (don't cheat)



Green Sally up

And green Sally down

Lift and squat

Gotta the ground

Green Sally up

And green Sally down

Lift and squat

Gotta the ground

Old miss lucy's dead and

Left me here to and moan

If you hate it your arms

If you love it your hands

