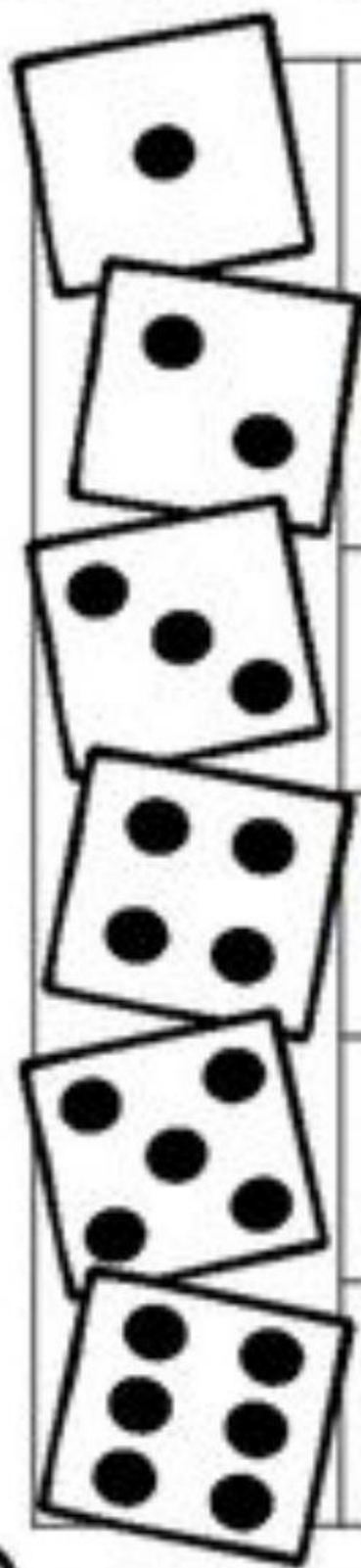


Roll a Task: Brain Break



20 Jumping Jacks



15 Sit-Ups



Hop on one foot



10 Push-Ups

Touch your toes
(hold 15 seconds)



Run in place