

# MY GOALS ARE S.M.A.R.T.

Name:


Period:




A strong goal is:  
Specific  
Measurable  
Achievable  
Relevant  
Timely



My **SPECIFIC** Goal is:



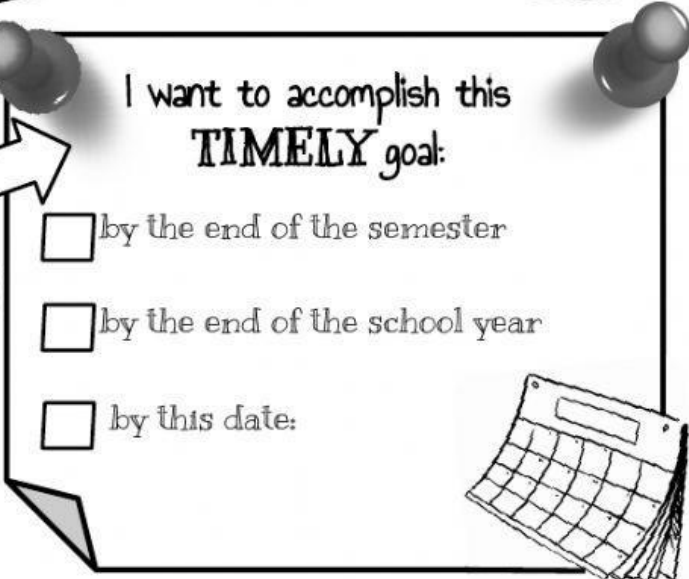
To **ACHIEVE** my goal, I  
will do these 3 things:



I will know I have reached my  
**MEASURABLE** goal because:



This goal is **RELEVANT** and  
important to me because:



I want to accomplish this  
**TIMELY** goal:

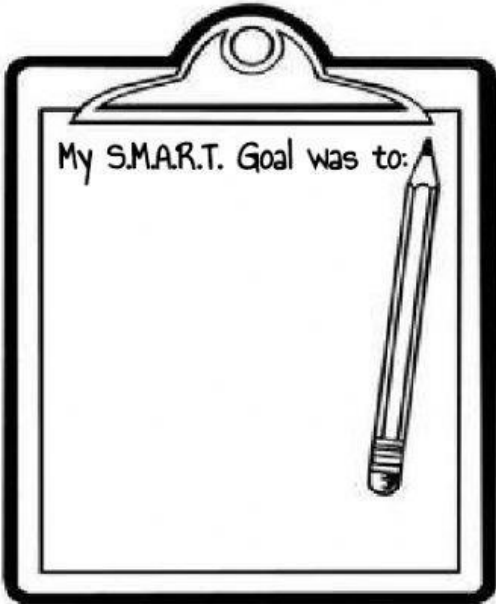
- by the end of the semester
- by the end of the school year
- by this date:

# S.M.A.R.T. Goals

## Mid-Year Reflection

Name:

Period:



My S.M.A.R.T. Goal was to:



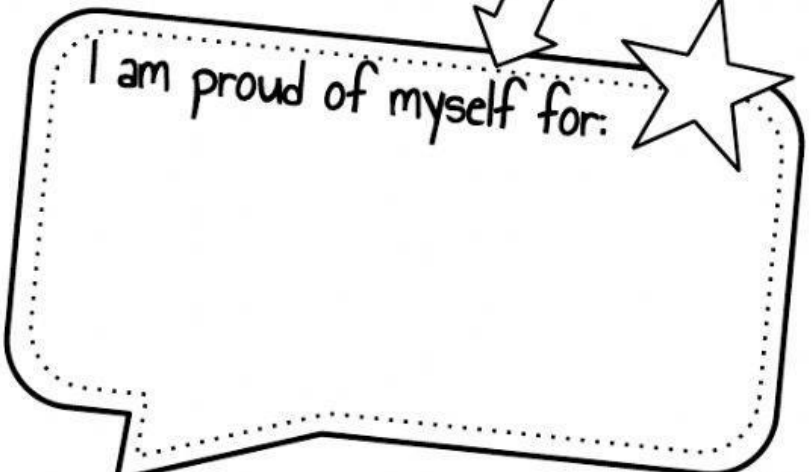
I accomplished my goal.

- YES
- NOT YET

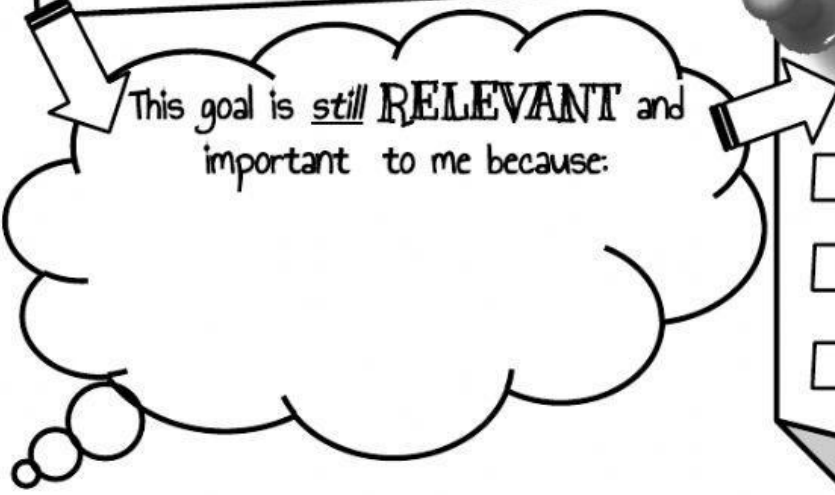


To REACH my goal, I will need to improve these 3 things:

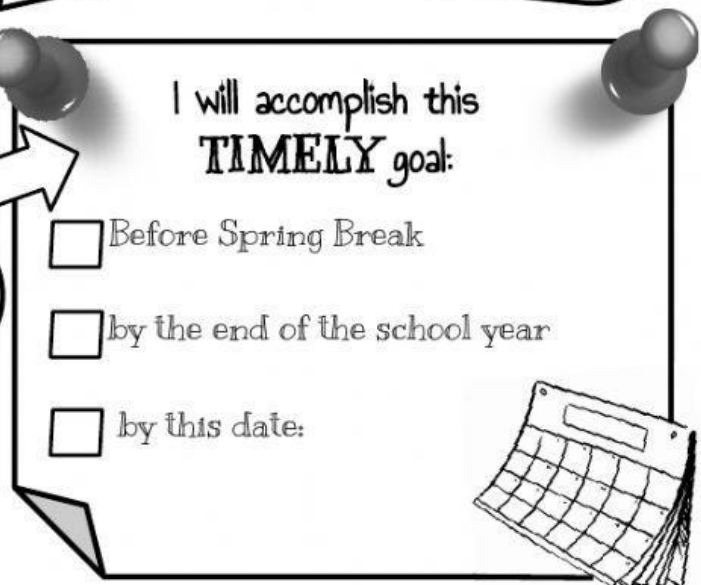
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



I am proud of myself for:



This goal is still RELEVANT and important to me because:



I will accomplish this TIMELY goal:

- Before Spring Break
- by the end of the school year
- by this date:

