

Attachment recap

Using the correct terms on the left write a definition of attachment and the behaviours that reveal it.

One-way
Proximity
Emotional
Insecurity
Objective
Bond
Security
Unimportant
Essential
Two-way
Separation delight
Separation anxiety
Secure-base behaviour

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Below are some key terms – can you draw a line between the term and its definition?

Reciprocity	A signal from a baby, usually eye contact, that they are ready for interaction
Alert phases	People trying to stay physically close to their attachment figure
Interactional synchrony	An interaction when each person responds to the other and elicits a response from them
Proximity	People carrying out the same action simultaneously – ‘the temporal coordination of micro-level social behaviour’

Fill the gaps using the right words from the selection below

Schafer and _____ based their stage theory on an _____ study of the formation of early infant adult attachments.

The study involved _____ babies. All were from Glasgow and the majority were from skilled working-class families. Researchers visited babies and mothers in their own homes every _____ for the first year and again at 18 months.

The researchers asked the mothers questions that kind of _____ that baby showed in seven every day _____ e.g. adults leaving the room (a measure of separation anxiety). This was designed to measure the babies’ _____. Researchers also assessed _____ – the babies anxiety response to unfamiliar people.

protest	attachment	stranger anxiety	sixty
Emerson	observational	separations	month

Schaffer and Emerson's attachment stages – please complete the blanks

Stage	Age	Description
	0-8 weeks	
		Recognise and prefer familiar people Smile more at familiar faces than unfamiliar Preference for people rather than inanimate objects Accept comfort from any adult
Specific attachment		
		Form secondary attachments with familiar adults with whom they spend time

The role of the father

What conclusions can be drawn about research into the role of the father in attachment? Can you remember the research that supports this?	
Fathers are important	Fathers are not important