

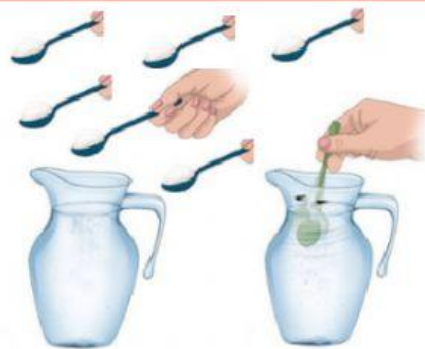
Mix $\frac{1}{2}$ small
spoon of salt.



Drink this
homemade ORS
several times a day
until you recover
completely.

CURE FOR DEHYDRATION AND DIARRHOEA

Take 4 cups of
clean drinking water.



Add 6 small
spoons of sugar.

HOMEMADE ORS



Mix it
thoroughly.