

Reading 4 Module 4

Instructions: Read. Then write T (true) or F (false) for each statement.

Preventing Disease

Measles is a dangerous illness. It is very dangerous for children. Symptoms of the measles are a fever, a dry cough, a sore throat, a runny nose, and a rash—red skin with spots. In the past, many people died from measles, but in 1963, a special kind of medicine—called a vaccine—to protect people from the illness was discovered.

According to the World Health Organization (WHO), vaccines helped save about 23.2 million people from the measles between 2000 and 2018.

Malaria is another dangerous illness. Female mosquitoes carry the illness and spread it through their bites. Symptoms include a fever, pain, and a headache. In 2018, there were about 23 million cases worldwide. There is no vaccine for malaria, but according to the WHO, a mosquito net is a cheap and easy way to avoid the illness.

- ___ 1. There is a vaccine for measles.
- ___ 2. Measles killed about 23.2 million people between 2000 and 2018.
- ___ 3. Many people died from the measles before 1963.
- ___ 4. There is a vaccine for malaria.
- ___ 5. Mosquito nets are expensive.

Instructions: Read. Then choose the correct answers.

Keep Your Goals to Yourself

Many people think that the first and most important step in making a personal plan is to tell someone about it. People think that this makes the plan seem real—like it's really going to happen. But entrepreneur Derek Sivers thinks it's better to keep it secret. He says that telling people about a goal doesn't help make it happen. In fact, the opposite usually happens—people rarely finish what they say they plan to do.

Psychologists say that talking about our plans makes us think they are complete. It makes us feel happy. But it also makes us less motivated to achieve our goals. This is called a "social reality." The plan is real, but it often doesn't develop into anything more than an idea.

So, the next time someone asks you about your life plans—keep quiet. By being quiet, you may achieve your goal.

6. Derek Sivers suggests that we don't tell others about our _____.

| | |
|----|----------|
| a. | goals |
| b. | thoughts |
| c. | opinions |

7. People who tell others about their plans usually don't _____ them.

| | |
|----|----------|
| a. | forget |
| b. | complete |
| c. | share |

8. Being quiet about a life plan means the same as _____ it.

| | |
|----|-------------------|
| a. | explaining |
| b. | talking about |
| c. | not talking about |

9. According to the text, how do people feel when they share their life plans?

| | |
|----|------------|
| a. | frightened |
| b. | cheerful |
| c. | sad |

10. Psychologists say that sharing a plan makes us _____.

| | |
|----|--------------------------|
| a. | think it is true |
| b. | slow down |
| c. | think it is already done |

Instructions: Match the sentence halves.

| | |
|----|--|
| a. | A wedding is an event to celebrate |
| b. | At a graduation we celebrate |
| c. | I am 22 years old today. It is |
| d. | I do not work there anymore. I work for a new company. I got |
| e. | I don't make enough money here. I want to |
| f. | I'm 18 today. My friends want me |
| g. | She finished high school and her family |
| h. | They are getting married today. We |

| | |
|----|---|
| i. | We got married 10 years ago. Today |
| j. | What did you do to celebrate on December 31st? We had party |

- ___ 11. is our anniversary.
- ___ 12. are going to their wedding.
- ___ 13. my birthday.
- ___ 14. a new job.
- ___ 15. to celebrate the new year.
- ___ 16. had a graduation party for her.
- ___ 17. people getting married.
- ___ 18. to have a big birthday party.
- ___ 19. find a new job.
- ___ 20. someone finishing school.

Instructions: Read. Then complete each sentence with one or two words from the text.

Human Movement

Experts think that modern humans appeared in Africa about 200,000 years ago. But they didn't stay in Africa. First, they went to the Middle East. Then, they went to the rest of the world. This movement continued throughout history and continues today.

In the 17th century, many people moved from Europe to the Americas. They left countries like Spain and Portugal and moved to South America. Many Europeans also moved to North America. In the United States, most people arrived in New York. Some stayed on the East Coast, but many people also moved to the West Coast.

So, why do people move? First, they move for money. People move to find work and a good life. Second, they move because they have no choice. For some people, it is not safe to stay in their homes.

Of course, many people don't move. They stay in the same place all their lives. But people like to visit different countries on their vacations. People, it seems, just like to move.

21. Modern humans first appeared in _____.
22. People moved from Europe to the Americas in the _____.
23. In the United States, most people arrived in _____.
24. People move to find work or a _____ life.
25. Some people see different _____ when they are on vacation.