

How often do you **stay up** late? Ever stayed up **all night long**? Or maybe taken a ride on an **overnight bus** or **train**? I bet you didn't feel so great the next day, did you? For those of us who **work nights**, and go to bed **at the crack of dawn**, this exhausted feeling is all part of our everyday lives. I start my **night shift** at 11 p.m. and don't get home until 8 in the morning. It's usually quiet—most of the patients sleep comfortably through the night. At least I'm never **on call**—some of the doctors have to be available for 36 hours, trying to **get some sleep** between calls. Now *that's* exhausting!

Match the words and phrases in bold in 2b to definitions 1–8.

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|---|----------------|
| 1 not go to bed | <u>stay up</u> |
| 2 ready to work whenever necessary | |
| 3 a period at work during the night in a place that stays open 24 hours | |
| 4 very early in the morning | |
| 5 do your job during the night | |
| 6 the whole night | |
| 7 a form of transportation that travels during the night | |
| 8 catch up on sleep | |

a Complete the questions with the phrases in bold in 2b.

- 1 If you've had a late night, do you ever try to later on the next day?
- 2 When was the last time you all night long?
- 3 Do you often get up dawn?
- 4 Have you ever been on an train?
- 5 Do you know anyone who has to be during the night?
- 6 If your boss offered you more money to work a, would you accept?
- 7 Are there any jobs where you typically have to that appeal to you?

b  Work in pairs. Ask and answer the questions in 4a. Ask follow-up questions to find out more information.

You can take notes below.