

Choose the right phrase and finish the sentences.



ate snacks between meals	slept only a few hours	he always took the stairs	public places
took extra vitamins	did exercise every week	tried to change their habits	
sat at a computer for 6 hours	tried to reduce	wrote an essay in 20 min	

1. You cannot smoke in _____.
2. As he wanted to stay fit and healthy, _____.
3. He was really fat because he _____.
4. Those people who said they were tired all the time, _____.
5. My father got some overweight that's why he _____ sugar in his food.
6. She damaged her eyes because she _____ a day.
7. My friend Sam likes doing sports all the time, and as he was on holiday, he _____.
8. Aunt Lucy and uncle John _____ and started walking instead of driving. They also eat healthy food.
9. I _____ last year and didn't get ill.
10. I still can't understand how she _____. It's unbelievable.



Good luck ☺ ☺ ☺