

Choose the right phrase and finish the sentences.



ate snacks between meals slept only a few hours he always took the stairs public places
took extra vitamins did exercise every week tried to change their habits
sat at a computer for 6 hours tried to reduce wrote an essay in 20 min

1. You cannot smoke in _____.
2. As he wanted to stay fit and healthy, _____.
3. He was really fat because he _____.
4. Those people who said they were tired all the time, _____.
5. My father got some overweight that's why he _____ sugar in his food.
6. She damaged her eyes because she _____ a day.
7. My friend Sam likes doing sports all the time, and as he was on holiday, he _____.
8. Aunt Lucy and uncle John _____ and started walking instead of driving. They also eat healthy food.
9. I _____ last year and didn't get ill.
10. I still can't understand how she _____ . It's unbelievable.



Good luck 😊 😊 😊