

### Breastfeeding Exercise

Breastfeeding in public is no longer a (1) \_\_\_\_\_ sight in Britain and the U.S. An editor for Mother & Baby Magazine (2) \_\_\_\_\_ to breastfeeding as 'creepy' and bottle-fed her baby from birth because she said she wanted her body back. TV star Denise Van Outen (3) \_\_\_\_\_ up breastfeeding after less than a month because she felt (4) \_\_\_\_\_ breastfeeding in public.

On the other hand, supermodel Gisele Bundchen declared that mothers should breastfeed their babies for the first six months by law. Bundchen received a lot of criticism for her remarks and was forced to (5) \_\_\_\_\_. Her (6) \_\_\_\_\_ was to draw attention to a serious situation but it quickly became apparent that her views are (7) \_\_\_\_\_ those of other Western mothers.

The editor and the TV star little suspect the long term suffering their views could have. Indeed, the medical facts about breastfeeding are generally (8) \_\_\_\_\_ with disbelief. Mother's milk supplies baby with antibodies, perfect nutrition and immune system boosters, protecting baby from allergies, asthma, diabetes, ear and respiratory infections and gastroenteritis. Breastfeeding has a slimming effect on mothers and reduces the risk of breast cancer.

Professor Emmanouil Galankis has proven that these (9) \_\_\_\_\_ are lost if breastfed babies are also given baby formula. The British Department of Health (10) \_\_\_\_\_ exclusive breastfeeding for the first six months because bottle-fed babies face dangers breastfed babies do not.

(11) \_\_\_\_\_ the fact that only 1% of women cannot breastfeed for medical reasons, 20% of mothers never breastfeed. Even worse, at 6 months only 1 in 5 are breastfeeding. These facts (12) \_\_\_\_\_ important questions about why paediatricians are not being more successful in encouraging mothers to breastfeed.

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|----|-------------|-----------------|-------------|-----------------|
| 1  | A common    | B frequent      | C typical   | D usual         |
| 2  | A declared  | B described     | C referred  | D stated        |
| 3  | A broke     | B gave          | C got       | D turned        |
| 4  | A different | B inconvenient  | C pregnant  | D uncomfortable |
| 5  | A back down | B break down    | C run down  | D turn down     |
| 6  | A aim       | B direction     | C search    | D view          |
| 7  | A different | B distinct      | C similar   | D unlike        |
| 8  | A accepted  | B found         | C met       | D seen          |
| 9  | A benefits  | B disadvantages | C gains     | D profits       |
| 10 | A recalls   | B recommends    | C remembers | D reminds       |
| 11 | A Although  | B As long as    | C Despite   | D Unless        |
| 12 | A do        | B make          | C raise     | D turn          |