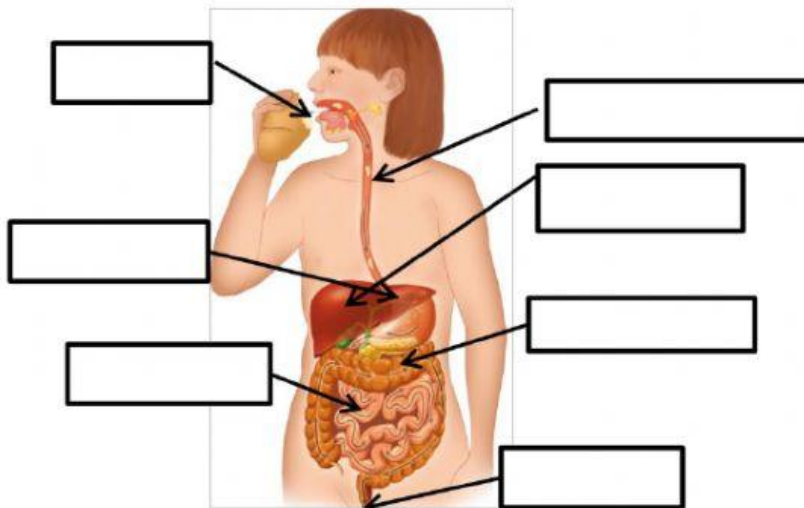


Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Date: \_\_\_\_\_ Number list: \_\_\_\_\_

1.- Order the stages of digestion from 1 to 7.

- \_\_\_\_\_ The food passes through the small intestine.
- \_\_\_\_\_ The food passes through the esophagus.
- \_\_\_\_\_ The food passes into the large intestine.
- \_\_\_\_\_ In the mouth the food is crushed and mixed with saliva.
- \_\_\_\_\_ The waste passes through the rectum and is expelled.
- \_\_\_\_\_ The food mixes with gastric juices in the stomach.
- \_\_\_\_\_ The liver produces bile.



2.- Write the titles of the 3 stages of digestion

3

Undigested food is transformed into faeces.

1

Food is crushed and broken down in the mouth and the stomach.

2

Nutrients are absorbed in the small intestine and pass into the blood.

3.- Complete the sentences.

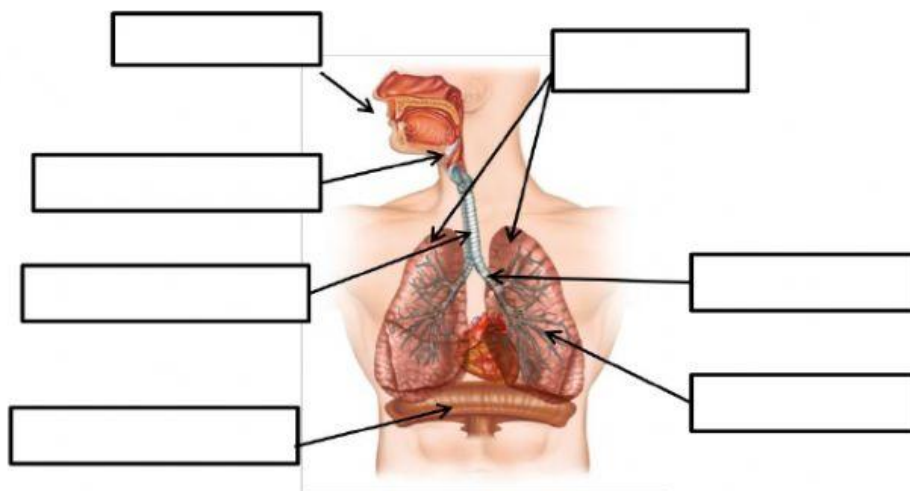
a) It is important to eat vitamins, because \_\_\_\_\_.

b) Junk food is bad for us because it contains \_\_\_\_\_.

c) For a healthy diet, we should eat a lot of \_\_\_\_\_ and not too much \_\_\_\_\_.

4.- Order the sentences from 1 to 6:

- \_\_\_\_\_ We breathe out and expel carbon dioxide.
- \_\_\_\_\_ Oxygen is absorbed into the blood.
- \_\_\_\_\_ The air passes from the bronchi into the bronchioles.
- \_\_\_\_\_ The air travels down the trachea into the bronchi.
- \_\_\_\_\_ As we breathe in, air goes into our mouth and nose.
- \_\_\_\_\_ Carbon dioxide passes from the blood to the bronchioles.

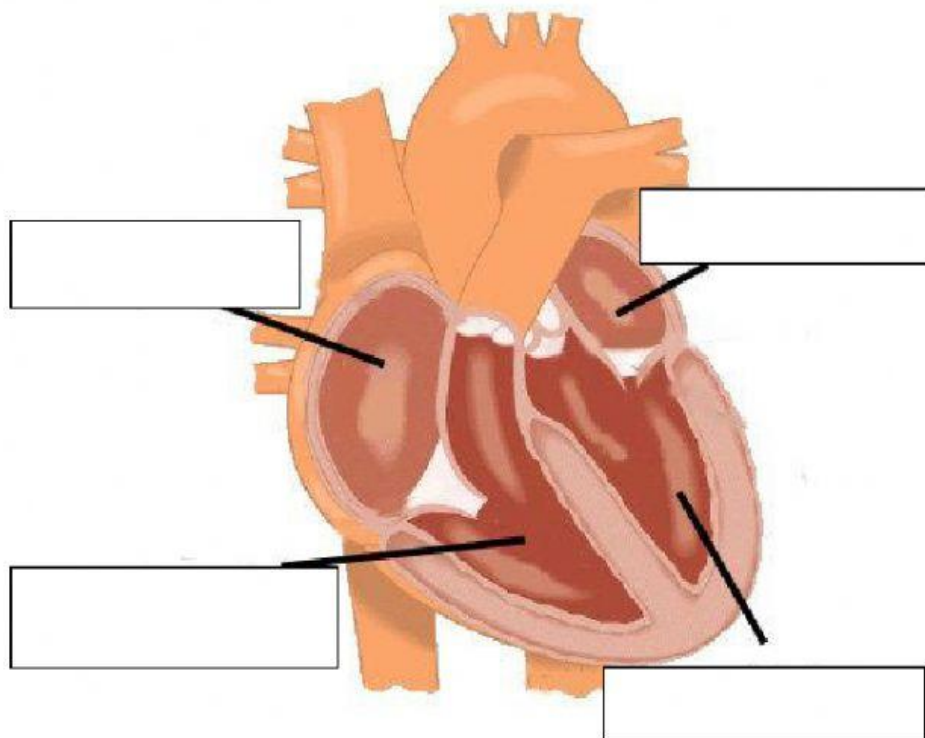


5.- Answer the questions

- Where is there an exchange of carbon dioxide and oxygen?  
\_\_\_\_\_
- What do we expel when we breathe?  
\_\_\_\_\_
- What muscles help us to breathe?  
\_\_\_\_\_

6.- Choose True or False

- Oxygen is transported to our joints and muscles by the circulatory system. T / F
- Blood travels around our body through tubes called the ventricles T / F
- Arteries carry blood back to the heart. T / F
- The heart has 4 chambers T / F

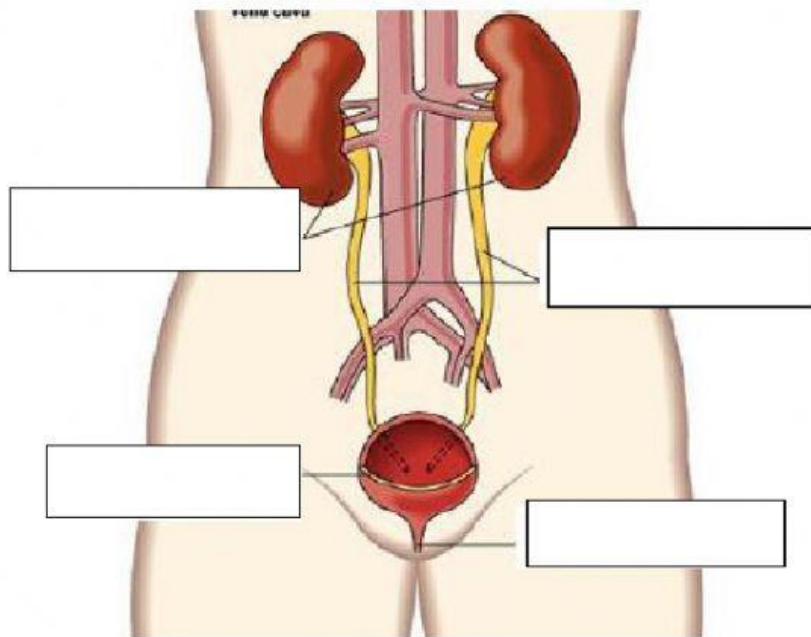


7.- Complete the table with the information of the 3 blood cells

<p>They <input type="text"/></p> <p>oxygen and transport it to <input type="text"/></p> <p><input type="text"/></p> <p><input type="text"/></p>	<p>They fight <input type="text"/></p> <p>and <input type="text"/></p> <p>In our blood, they attack <input type="text"/></p> <p><input type="text"/></p>	<p>They stop <input type="text"/></p> <p>By sticking to each other,</p> <p>and to <input type="text"/>,</p> <p>they form a <input type="text"/></p>

8.- Complete

- Tubes that carry the urine from the kidneys to the bladder \_\_\_\_\_
- They filter the waste out of you blood: \_\_\_\_\_
- Urine comes out of the body through this tube: \_\_\_\_\_
- A liquid stored in the bladder: \_\_\_\_\_
- The \_\_\_\_\_ is where solid waste, or faeces, is stored
- The \_\_\_\_\_ absorbs nutrients from the food we eat



#### 9.-Choose True or False

- |   |     |
|---|-----|
| It's unhealthy to drink a lot of water    | T/F |
| Sleeping 8 hours is enough                | T/F |
| Eating a lot sugar is unhealthy           | T/F |
| Brushing your teeth once a day is healthy | T/F |

#### 10.- Answer the questions

- What do we use to cure bacterial infections? \_\_\_\_\_
- What did Eduard Jenner invented? \_\_\_\_\_
- What do vaccines do to protect us from diseases?  
\_\_\_\_\_

#### 11:- Put in order the stages of recovery position

- \_\_\_\_\_ Take the arm nearest you and put it at a right angle to their body with their hand facing upwards.
- \_\_\_\_\_ Move the person onto their side. Gently tilt the head back to open the trachea.
- \_\_\_\_\_ Bend their knee and stay with the person until help arrives
- \_\_\_\_\_ The person should be lying on their back..
- \_\_\_\_\_ Check the person breathing