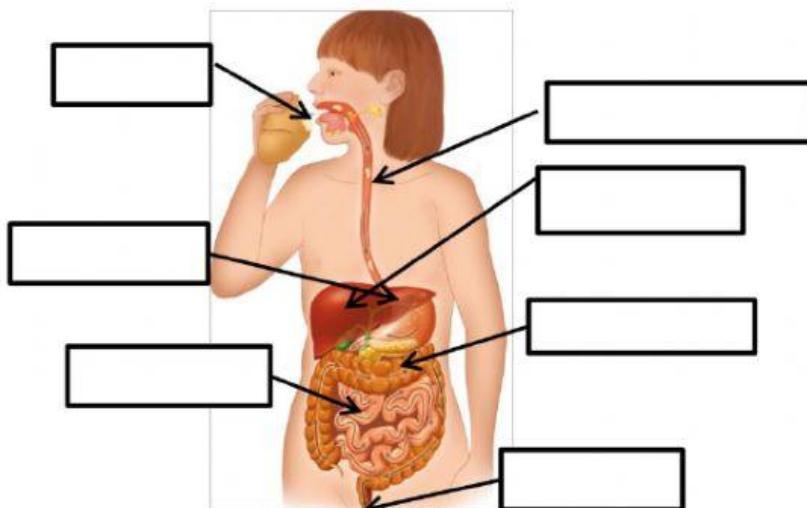


Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Date: \_\_\_\_\_ Number list: \_\_\_\_\_

## 1.- Order the stages of digestion from 1 to 7.

- \_\_\_\_\_ The food passes through the small intestine.
- \_\_\_\_\_ The food passes through the esophagus.
- \_\_\_\_\_ The food passes into the large intestine.
- \_\_\_\_\_ In the mouth the food is crushed and mixed with saliva.
- \_\_\_\_\_ The waste passes through the rectum and is expelled.
- \_\_\_\_\_ The food mixes with gastric juices in the stomach.
- \_\_\_\_\_ The liver produces bile.



## 2.- Write the titles of the 3 stages of digestion

3

Undigested food is transformed into faeces.

1

Food is crushed and broken down in the mouth and the stomach.

2

Nutrients are absorbed in the small intestine and pass into the blood.

## 3.- Complete the sentences.

a) It is important to eat vitamins, because \_\_\_\_\_.

b) Junk food is bad for us because it contains \_\_\_\_\_.

c) For a healthy diet, we should eat a lot of \_\_\_\_\_ and not too much \_\_\_\_\_.

4.- Order the sentences from 1 to 6:

\_\_\_\_\_ We breathe out and expel carbon dioxide.

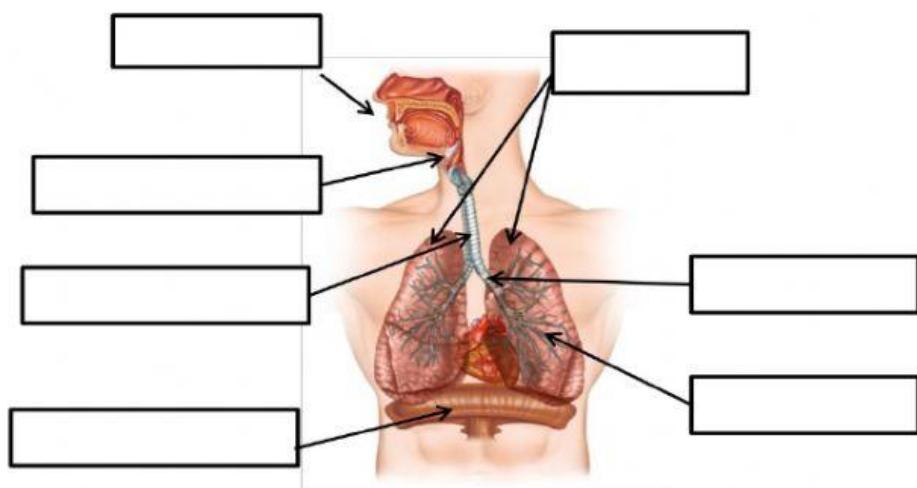
\_\_\_\_\_ Oxygen is absorbed into the blood.

\_\_\_\_\_ The air passes from the bronchi into the bronchioles.

\_\_\_\_\_ The air travels down the trachea into the bronchi.

\_\_\_\_\_ As we breathe in, air goes into our mouth and nose.

\_\_\_\_\_ Carbon dioxide passes from the blood to the bronchioles.



5.- Answer the questions

- Where is there an exchange of carbon dioxide and oxygen?

\_\_\_\_\_

- What do we expel when we breath?

\_\_\_\_\_

- What muscles help us to breath?

\_\_\_\_\_

6.- Choose True or False

Oxygen is transported to our joints and muscles by the circulatory system.

T / F

Blood travels around our body through tubes called the vetricles

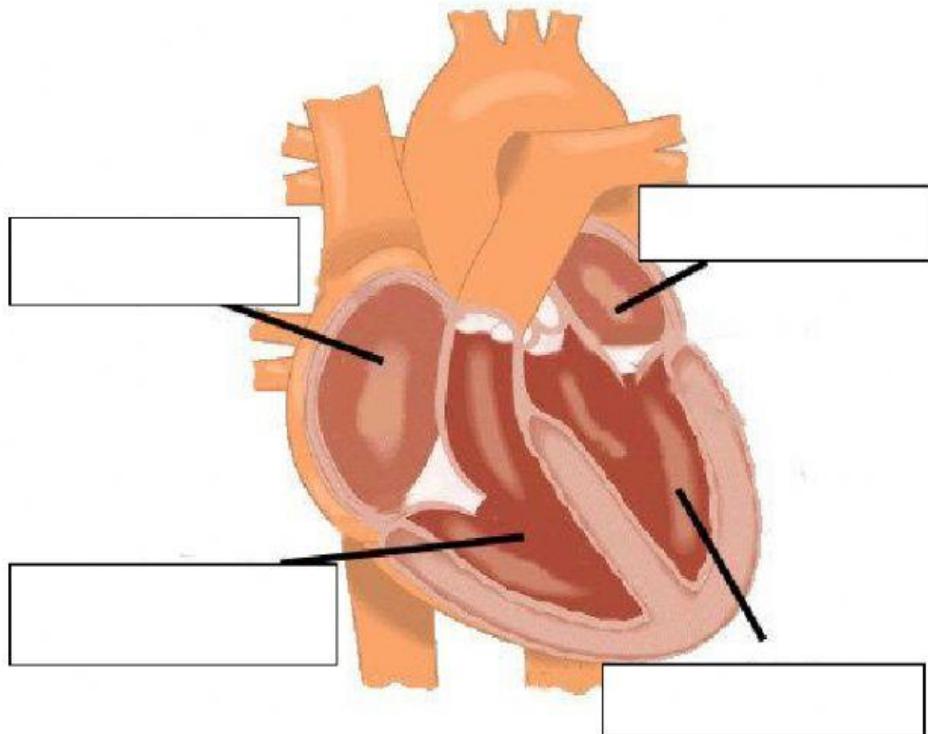
T / F

Arteries carry blood back to the heart.

T / F

The heart has 4 chambers

T / F

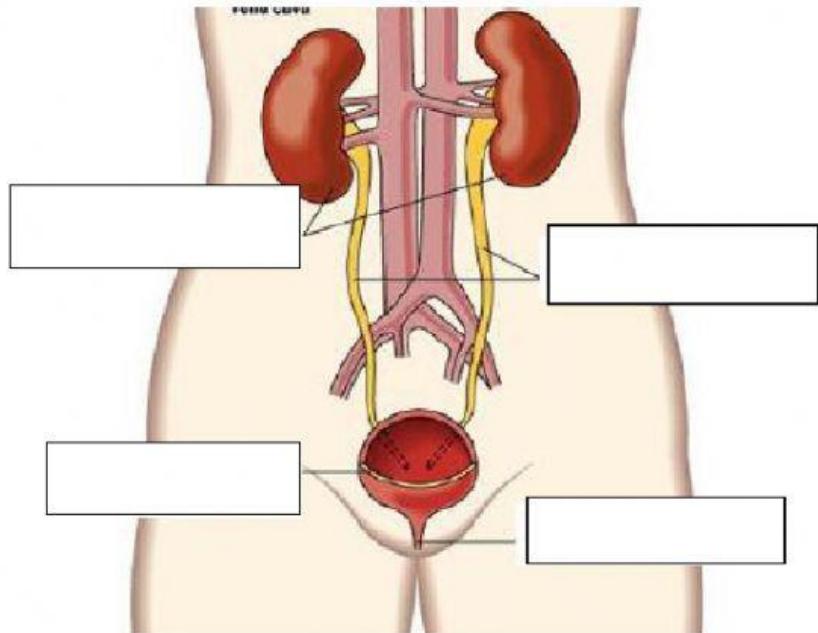


7.- Complete the table with the information of the 3 blood cells

| They <input type="text"/> oxygen and transport it to <input type="text"/><br><input type="text"/><br><input type="text"/> | They fight <input type="text"/> and <input type="text"/><br><input type="text"/><br><input type="text"/> | They stop <input type="text"/><br>By sticking to each other, and to <input type="text"/><br><input type="text"/> , they form a <input type="text"/> |
|---|--|---|

8.- Complete

- Tubes that carry the urine from the kidneys to the bladder: \_\_\_\_\_
- They filter the waste out of your blood: \_\_\_\_\_
- Urine comes out of the body through this tube: \_\_\_\_\_
- A liquid stored in the bladder: \_\_\_\_\_
- The \_\_\_\_\_ is where solid waste, or faeces, is stored
- The \_\_\_\_\_ absorbs nutrients from the food we eat



9. -Choose True or False

It's unhealthy to drink a lot of water T/F

Sleeping 8 hours is enough T/F

Eating a lot sugar is unhealthy T/F

Brushing your teeth once a day is healthy T/F

### 10.- Answer the questions

- What do we use to cure bacterial infections? \_\_\_\_\_
- What did Edward Jenner invented? \_\_\_\_\_
- What do vaccines do yo protect us from diseases?  
\_\_\_\_\_

11:- Put in order the stages of recovery position

\_\_\_\_\_ Take the arm nearest you and put it at a right angle to their body with their hand facing upwards.

Move the person onto their side. Gently tilt the head back to open the trachea.

\_\_\_\_\_ Bend their knee and stay with the person until help arrives

\_\_\_\_\_ The person should be lying on their back..

### Check the person breathing