

HÁBITOS SALUDABLES: LA HIGIENE DE LOS ALIMENTOS



ESTUDIAR



LAVAR LAS
MANOS



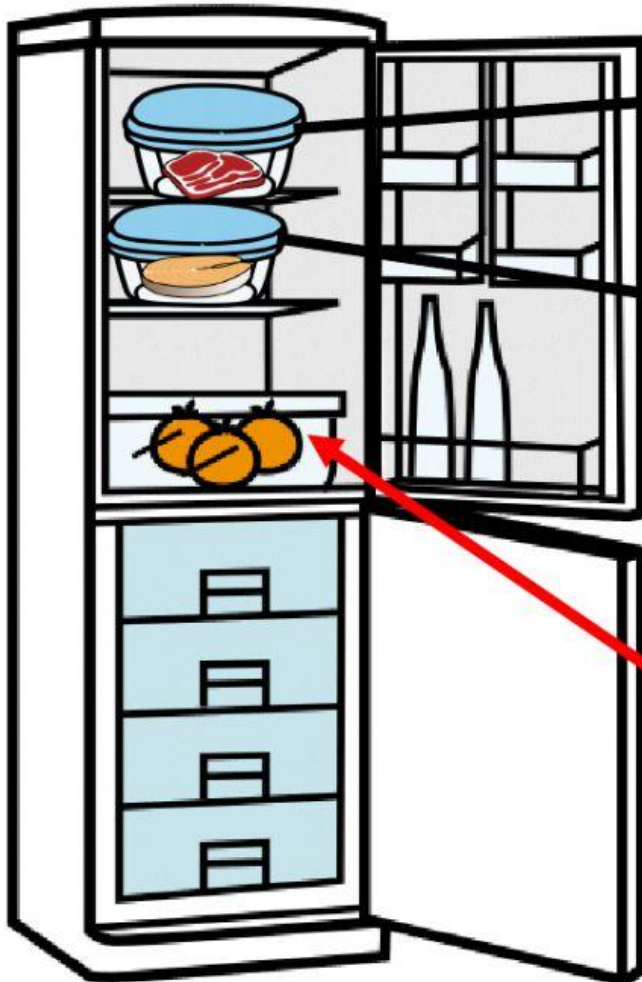
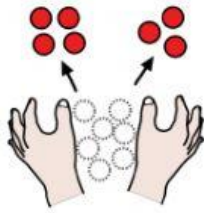
USAR
UTENSILIOS
LIMPIOS



LAVAR LOS
ALIMENTOS
CRUDOS

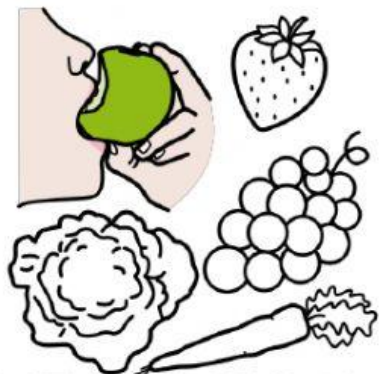


By Sara PT

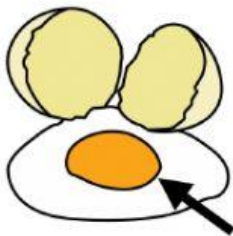


CARNES Y PESCADOS
CRUDOS

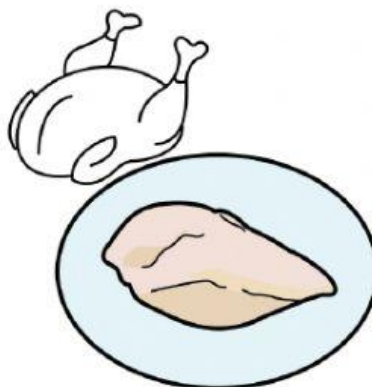
ALIMENTOS
COCINADOS



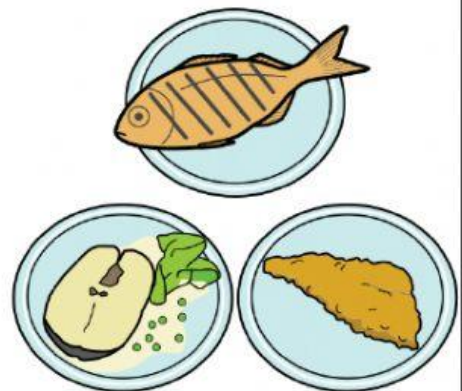
VEGETALES CRUDOS
Y FRUTA



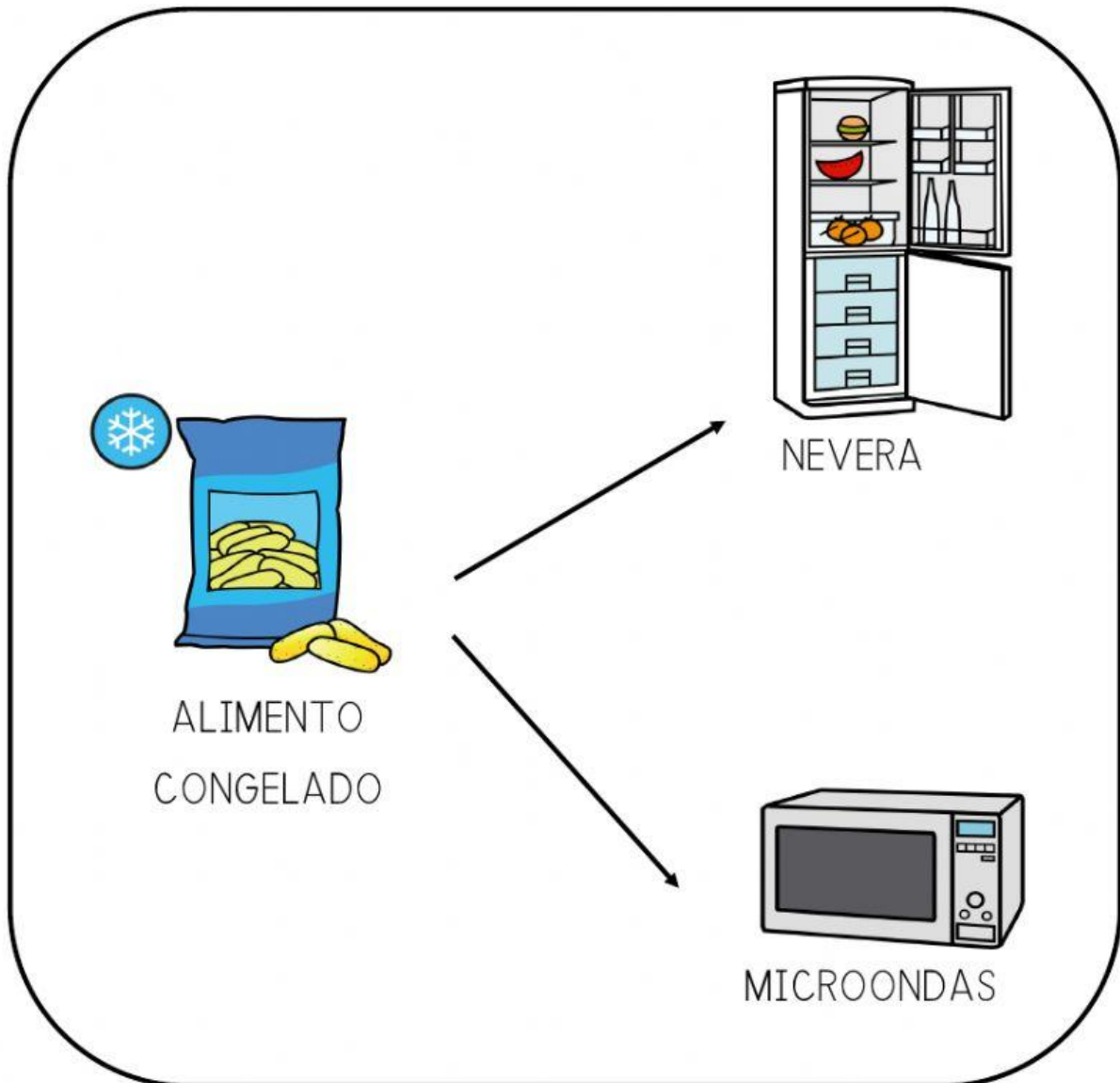
HUEVOS BIEN
CUAJADOS



CARNES COMO
EL POLLO



PESCADOS



LOS CONSERVANTES



SAL



AZÚCAR



VINAGRE