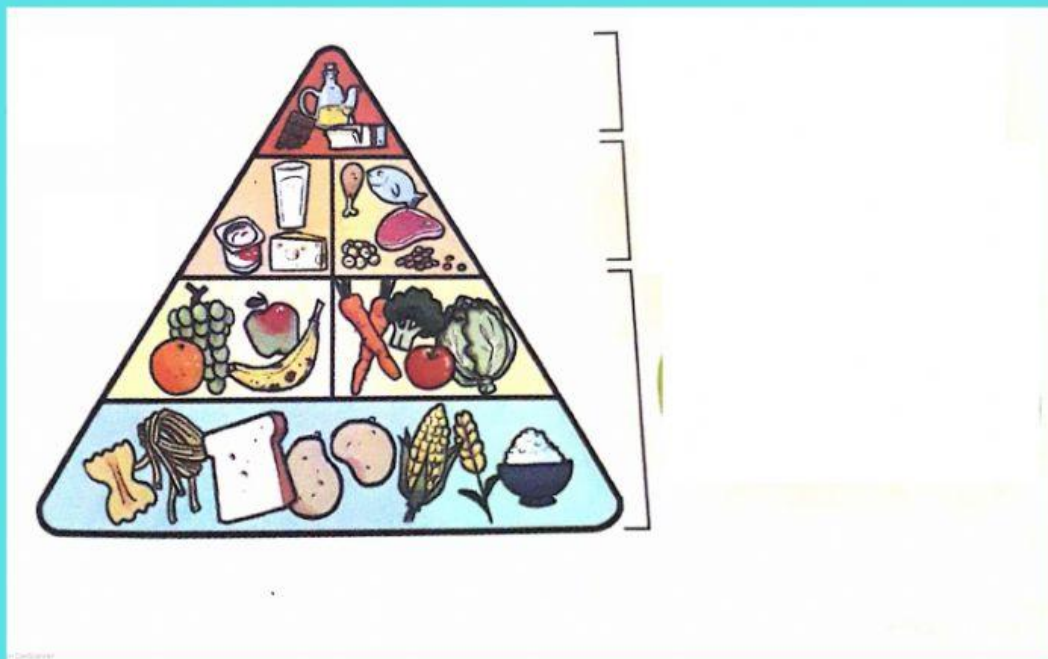




We need to eat portions from the main groups of the food pyrsmid. Look and write.



several times a day    once a week    twice a day



Now look at the pictures and name the food groups

