

Name _____ Date _____

Revision of Nutrients, Kitchen Tools and Kitchen Hygiene

Name the kitchen tool.

1. _____



2. _____



3. _____



4. _____



5. Chicken and fish are sources of _____.

6. Potato, cassava and plantain are sources of _____.

7. Always wash your _____ before handling food.

8. _____ spread diseases.

9. _____ work surface before you use them.