

Name \_\_\_\_\_ Date \_\_\_\_\_

Revision of Nutrients, Kitchen Tools and Kitchen Hygiene

Name the kitchen tool.

1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. Chicken and fish are sources of \_\_\_\_\_.

6. Potato, cassava and plantain are sources of \_\_\_\_\_.

7. Always wash your \_\_\_\_\_ before handling food.

8. \_\_\_\_\_ spread diseases.

9. \_\_\_\_\_ work surface before you use them.