

Name

Date

Science Skeleton and Muscle Test

Choose the correct answer for each question.

1. The function of bones and muscles is to help the body have _____.
 - a. height and width
 - b. mobility and stretch
 - c. shape and form
 - d. rest and repair

2. The human body has _____ bones.
 - a. 206
 - b. 350
 - c. 500
 - d. 624

3. The human body has more than _____ muscles.
 - a. 200
 - b. 300
 - c. 400
 - d. 500

4. An example of a fixed joint bone is the _____.
 - a. knee
 - b. skull
 - c. finger
 - d. shoulder

5. An example of a slightly moveable joint is the _____.

- a. ribs
- b. knee
- c. skull
- d. ankle

6. An example of a freely moveable joint is the _____.

- a. skull
- b. ribs
- c. vertebrae
- d. knee

7. There are _____ type of muscles.

- a. 2
- b. 3
- c. 4
- d. 5

8. Ligaments are a tough band of tissue that connect(s) _____.

- a. muscle to muscle
- b. muscle to bone
- c. bone to nerves
- d. bone to bone

9. Cartilage _____ bones by lubricating and cushioning the joints.

- a. sharpens
- b. protects
- c. fixes
- d. separates

10. Tendons are a band of tissue that connect(s) _____.

- a. muscle to muscle
- b. bone to nerves
- c. muscles to bones
- d. bone to bone