

AN UNUSUAL COMMUTE

A) Read the following article and then guess the answers to the questions 1-4.



- Most people commute by bus, or they drive, but not Ted Houk, from Maryland. Dr. Houk always runs to his internal medicine practice from his home in Lutherville, and back again every day. It's about four miles there and four miles home, but he runs when it's sunny, when it's raining and even when it's snowing. He runs if it's hot or cold, if it's light or dark.
- He always runs with a big bag in his hand. In the bag are his clothes, his stethoscope, his phone and about two pounds of fruits and vegetables. Dr. Houk eats a lot of fruits and vegetables because he believes fruits are good for you and he says that vegetables help with the memory. His full bag weighs about ten pounds. For many years Dr. Houk rode his bike to work, but he started to gain weight, so he decided to run instead.
- When Houk gets to work he uses alcohol to remove the perspiration. But sweat is not really a problem, he says, because "your sweat is clean".

1. What's the man in the photo doing?

- a) He's going to work.
- b) He's training for marathon.

2. What's his job?

- a) He's a sports teacher.
- b) He's a doctor.

3. How far his commute to work and home?

- a) Eight miles.
- b) Four miles.

4. Why does he commute like this?

- a) He can't drive and is afraid of cycling.
- b) He wants to stay in shape.

B) Re-read the article. True (T) or False (F)?

- 1. Dr. Houk lives in a different town from his workplace. _____
- 2. He takes the bus to work if it rains or snow. _____
- 3. The bag he carries is empty. _____
- 4. Dr. Houk likes to eat fruit and vegetable. _____
- 5. The doctor went by bicycle to work before he started running. _____
- 6. The sweat on his body is dangerous. _____