



**Week 17**

**English Mastery**

**Primary 1**

**The Write Tribe**

**UNIT 8 - PART B**  
**P.E LESSON**



### **VOCABULARY MCQ**

1. Which word below has the same meaning as, '**having a good time**' ?
  - a. whale of a time
  - b. down in the dumps
  - c. green with envy
  - d. terminate
  
2. Which word below has the same meaning as, '**uniform**'?
  - a. jeans
  - b. terminate
  - c. rotate
  - d. attire
  
3. Which word has the same meaning as '**turn around the centre**' ?
  - a. extend
  - b. stretch
  - c. terminate
  - d. rotate
  
4. Which word has the same meaning as **straighten a part of your body**?
  - a. tremble
  - b. stretch
  - c. rotate
  - d. attire
  
5. What is the meaning of **sweating a lot**?
  - a. perspire profusely
  - b. legs turned to lead
  - c. frozen in terror
  - d. barely perspiring



6. Which word has the same meaning as **ending something**?

- a. terminate
- b. commence
- c. rotate
- d. begin

7. Which of the words below mean **very tired**?

- a. exhausted
- b. full of beans
- c. energetic
- d. elated

### **BONUS QUESTIONS**

8. Which idioms below have the same meaning as **doing a good job**?

- a. on the ball
- b. let someone off the hook
- c. get your act together

9. Which idioms below have the same meaning as **making a joke on someone**?

- a. pull someone's leg
- b. No pain, no gain
- c. miss the boat

10. Which idioms below have the same meaning as **'calm down'**?

- a. get your act together
- b. pull yourself together
- c. so far so good



| word/phrase                 | meaning |
|-----------------------------|---------|
| have a ball                 |         |
| foreheads dotted with sweat |         |
| sprint                      |         |
| full of beans               |         |
| reluctantly                 |         |
| readily                     |         |
| elated                      |         |

| a whale of a time |          |                                |
|-------------------|----------|--------------------------------|
| willingly         | perspire | run a short distance very fast |
| energetic         | hesitant | very happy                     |



|             |                   |               |
|-------------|-------------------|---------------|
| a ball      |                   |               |
| sprinted    | dotted with sweat | full of beans |
| reluctantly | readily           | elated        |

As soon as the clock struck nine, everyone in my class got excited. Why wouldn't we? It was time for P.E. lesson. That means, we are all going to have a whale of time! We 1. \_\_\_\_\_ changed into our P.E. attire and 2. \_\_\_\_\_ to the field in the speed of lightning. Our teacher, Ms Maha is our P.E. teacher. She is very enthusiastic and 3. \_\_\_\_\_. She always makes sure we have 4. \_\_\_\_\_!

The afternoon sun was so hot that our foreheads were 5. \_\_\_\_\_. However, we were way too excited to play dodgeball. My friend, Candice is a little timid and she 6. \_\_\_\_\_ picked the ball. "Candice, don't be scared. It will be fun!" I whispered. As soon as she threw the ball, she realized how much fun it is. Soon, she was playing enthusiastically. We didn't want our session to end. Alas! It was time to go. Nevertheless, we were feeling 7. \_\_\_\_\_ and looking forward to the next P.E. lesson with Ms Maha!



Let's write a short story using the pictures below.



| exhausted     |                             |                 |
|---------------|-----------------------------|-----------------|
| terminate     | perspiring                  | stretched       |
| rotated       | attire                      | whale of a time |
| bandaged      | injury                      | bleeding        |
| have a ball   |                             |                 |
| readily       | foreheads dotted with sweat | sprint          |
| full of beans | reluctantly                 | elated          |

Let's write out a short story

Hooray! It was time for

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[illegible]

|               |                   |          |
|---------------|-------------------|----------|
| had a ball    |                   |          |
| readily       | dotted with sweat | sprinted |
| full of beans | reluctantly       | elated   |

1. The kids really \_\_\_\_\_ at the birthday party.
2. We \_\_\_\_\_ changed into our P.E. attire when teacher Maha told us to.
3. Charlene is a very energetic girl. She is \_\_\_\_\_.
4. We had such a whale of a time. We were feeling \_\_\_\_\_.
5. During the race, Vera \_\_\_\_\_ as fast as lightning.
6. We were perspiring so much that our foreheads were \_\_\_\_\_.
7. I did not feel like doing homework but I \_\_\_\_\_ did it as I didn't want to lose bucks!

