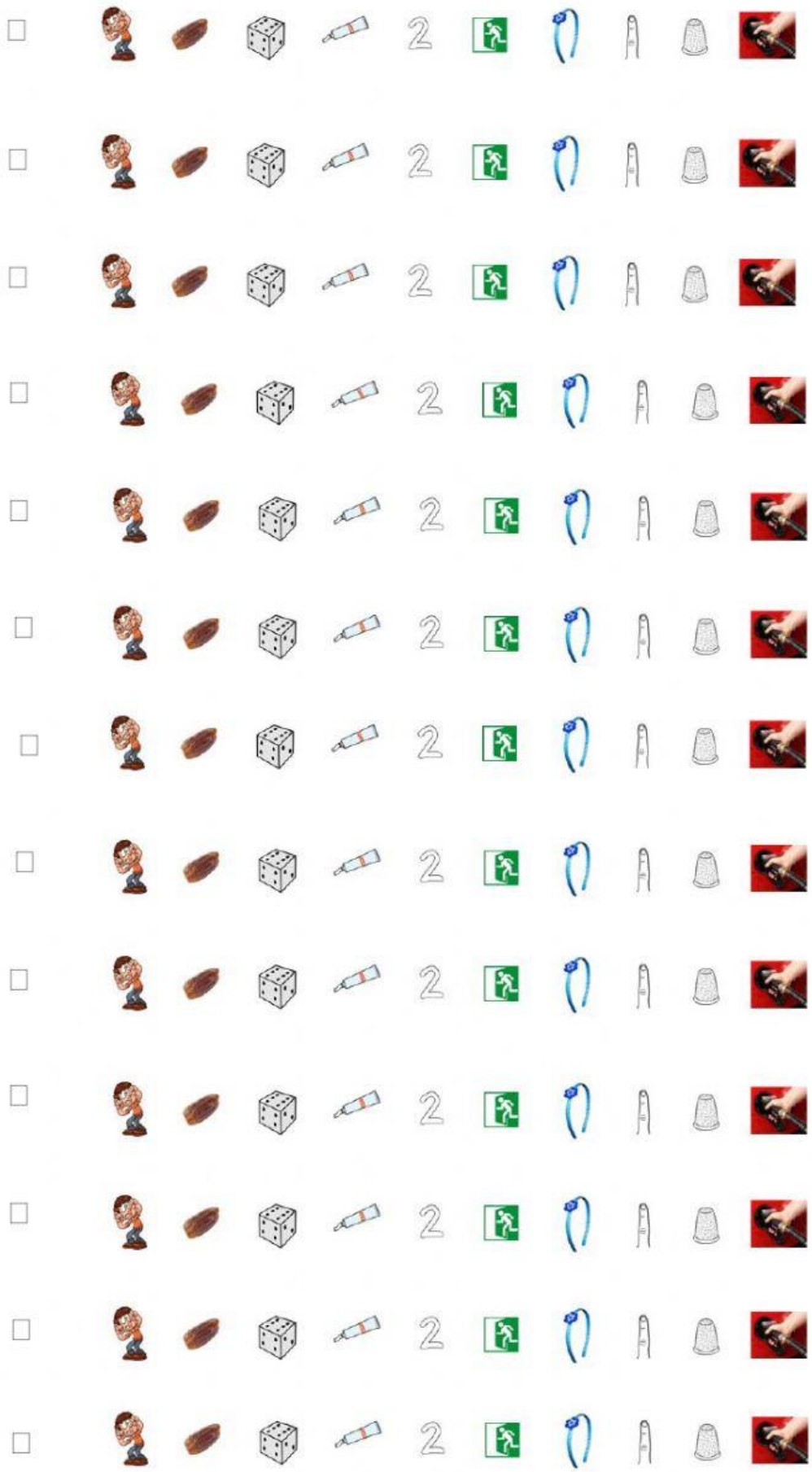ESCUCHA Y SELECCIONA: