Choose the right item.

- 1 She cut/sprained her finger while she was peeling onions with a sharp knife.
- 2 I slipped and straightened/twisted my ankle.
- 3 My dad hurt/harmed his back when he fell off the ladder.
- 4 I broke/split my arm when I fell off my bike.
- 5 As he stood up, Jack twisted/banged his head on the shelf.
- 6 She pulled/pushed a muscle while she was exercising.
- 7 Joseph bruised/sprained his eye while playing basketball.
- 8 Katie burnt/stung her hand while she was cooking.