

I. DRAG AND DROP:

SMALL

6MONTHS TO 3YEARS

DISEASE

ANAEMIA

AIR

IMPROPER GROWTH OF BODY

SCURVY

1. Deficiency of Proteins and Carbohydrates, in the diet of a small child can lead to _____
2. Germs of common cold spread through_____
3. A person having swollen and bleeding gums, might be suffering from_____
4. Haemoglobin content becomes less when a person is suffering from_____
5. A_____is any defect or abnormality found in the body.
6. The children in the age group of _____, often, suffer from Protein-carbohydrate deficiency disease.
7. Minerals are present in _____amounts in our body.

II. TRUE OR FALSE: DRAG AND DROP:

TRUE

FALSE

TRUE

FALSE

TRUE

FALSE

FALSE

8. We can eat more than the required quantity. _____
9. Vinegar is used as preservative. _____
10. We may eat spoiled food rather than wasting it. _____
11. Disease is a complete physical and mental well being. _____
12. In the healthy eating pyramid more priority is given to fats, salt and sugar. _____