

SPEAK UP

LEAD IN

Match the pictures with the correct type of violence:



i. Your partner hits you or pushes you.



ii. Your partner forces you to have sex.



iii. Your partner controls you and humiliates you.

1. Sexual violence _____

2. Psychological violence _____

3. Physical violence _____

LISTEN AND READ

Listen to and read the infographics about violence against women and girls.

INFOGRAPHIC 1

SIGNS OF A HEALTHY RELATIONSHIP



- ✓ You have time to spend with your friends and family.
- ✓ Your partner respects your decisions.
- ✓ You do activities together and help each other.
- ✓ You talk to find a solution to any problem.

VIOLENCE AGAINST WOMEN USUALLY COMES FROM THEIR PARTNERS

Physical

Your partner hits you or pushes you.

Sexual

Your partner forces you to have sex.

Psychological

Your partner controls you or humiliates you.

Call **100 100** for help!

LOVE BUILDS, IT DOES NOT DIVIDE

DO NOT TOLERATE VIOLENCE!

INFOGRAPHIC 2



According to Infographic 1:

- Controlling your partners is an example of _____.
 - physical violence.
 - psychological violence.
 - emotional violence.
 - Options a. and b.
- An example of physical violence is _____.
 - forcing your partner to have sex.
 - humiliating your partner in front of other people.
 - pushing your partner.
 - Options a. and c.
- You can call 100 if _____.
 - you are a woman.
 - you are a victim of violence.
 - you know a victim of violence.
 - Options b. and c.

According to Infographic 2:

- The three types of violence against women and girls are: _____.
 - physical, sexual and psychological.
 - physical, emotional and psychological.
 - violent and non-violent.
 - Options a. and c.
- One in every three women is a victim of _____.
 - violence against women.
 - sexual or psychological violence.
 - physical or sexual violence.
 - Psychological violence.
- Some consequences of violence against women and girls are _____.
 - injuries and depression.
 - unwanted pregnancy.
 - problems with your partner.
 - Options a. and b.

LET'S PRACTISE!

PRACTISE - EXERCISE 1:

Label the parts of the infographic. You can use the words from the box more than once. Follow the example.

PICTURE - MESSAGE - RELIABLE INFORMATION / FACTS

Example:
PICTURE

2.

1.

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3.

4.

5.

PRACTISE - EXERCISE 2:

Match each sentence³ with the graphic or picture. Follow the example.

RELIABLE INFORMATION PICTURES

Example: 35% women experience physical or sexual violence. A

1. Violence has serious consequences in women's mental health. _____
2. Violence against women normally comes from their partner. _____
3. Violence against women and girls is a problem around the world. _____
4. In a healthy relationship, partners respect each other. _____



