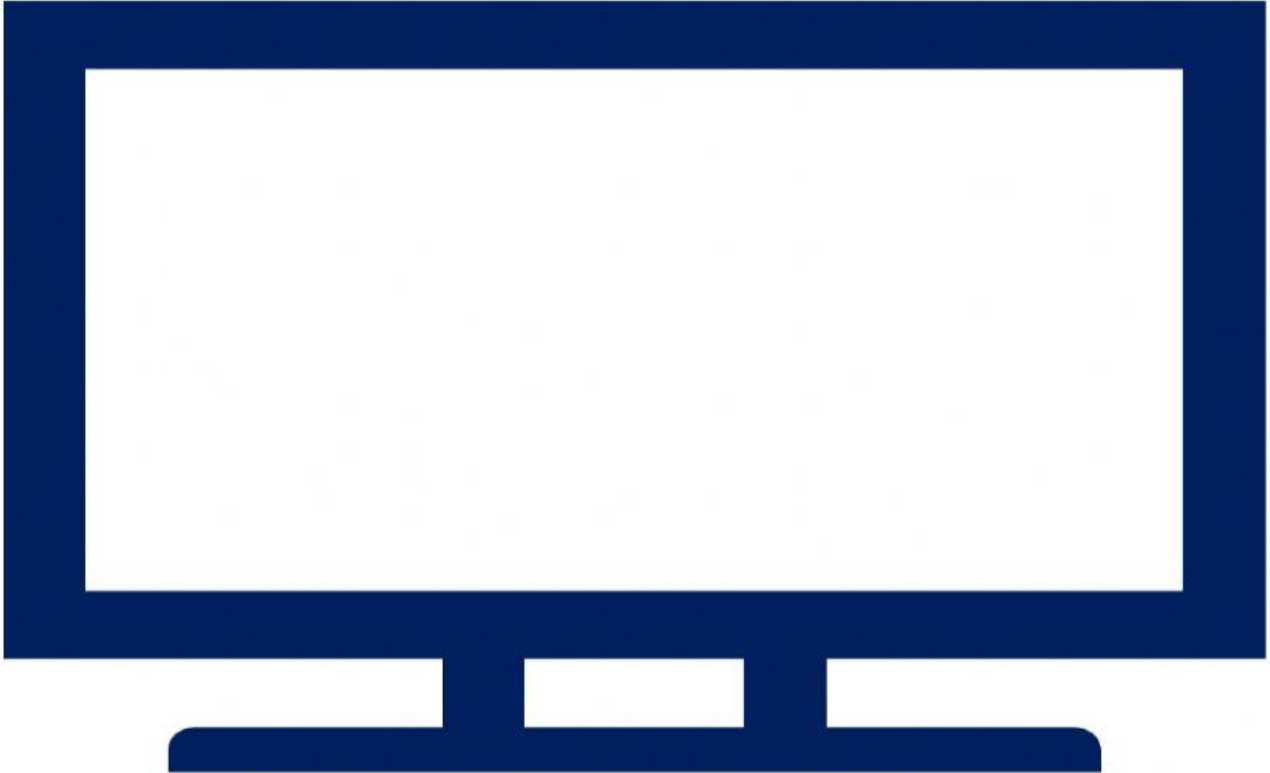


WATCH AND COMPLETE

LESS STUFF, MORE HAPPINESS – Graham Hill, TED-Ed

While you watch the video, complete Graham Hill's talking.



What's in the _____? Whatever it is must be _____ important, because I've traveled with it, moved it, from _____ to apartment to apartment.

Sound _____? Did you know that we _____ have about three times the _____ of space we did 50 _____ ago? Three times. So you'd think, with all this _____ space, we'd have plenty of _____ for all our stuff. Nope.

There's a new _____ in town, a 22 billion-dollar, 2.2 billion sq. ft. industry: that of _____ storage. So we've got _____ the space, but we've become _____ good shoppers that we need even more space. So where _____ this lead? _____ of credit card debt, _____ environmental footprints, and perhaps not

coincidentally, our happiness _____ flat-lined over the _____ 50 years.

Well I'm here to _____ there's a better way, that _____ might actually equal _____. I bet most of us have experienced at some _____ the joys of less: _____ -- in your dorm, traveling -- in a hotel room, _____ -- rig up basically _____, maybe a boat. Whatever it was for you, I bet that, among other things, this gave you a little more _____, a little more _____. So I'm going to suggest that _____ stuff and _____ space are going to equal a _____ footprint. It's _____ a great way to save you _____ money. And it's going to give you a _____ more ease in your life.

So I started a _____ called Life Edited at lifeedited.org to further this _____ and to find some great _____ in this _____.

First up: crowd-sourcing my 420 sq. ft. _____ in Manhattan with _____ Mutopo and Jovoto.com. I wanted it all -- home office, sit down dinner for 10, room for guests, and all my kite surfing gear. _____ over 300 entries from around the _____, I got it, my own little jewel _____. By buying a space that was 420 sq. ft. instead of 600, _____ I'm saving 200 grand. Smaller _____ is going to make for smaller _____ - save some more money _____, but also a smaller footprint. And because it's really designed _____ an edited _____ of possessions - my _____ stuff - and really designed for me, I'm _____ excited to be there.

So _____ can you live little? _____ main approaches.

First of all, you _____ to edit ruthlessly. We've got to clear the arteries of our _____. And that _____ that I hadn't worn in years? It's _____ for me to let it go. We've got to _____ the extraneous out of our lives, and we've got to learn to stem the _____. We _____ to think before we buy. Ask ourselves, "Is _____ really

going to make me _____? Truly?" By all means, we should buy and own some _____ stuff. But we want stuff that we're going to love for years, not _____ stuff.

Secondly, our _____ mantra: small is sexy. We want _____ efficiency. We want _____ that are designed for how they're used the vast majority of the _____, not that rare _____. Why have a _____ burner stove when you rarely use _____? So we want _____ that nest, we _____ things that stack, and we want it digitized. You can take paperwork, books, movies, and you can make it disappear -- it's _____.

Finally, we want _____ spaces and housewares - a sink _____ with a toilet, a dining table _____ a bed - same space, a little side table stretches out to seat 10. In the winning Life Edited _____ in a render here, we combine a moving wall with transformer _____ to get a lot out of the space. Look at the coffee table - it grows in height and width to seat 10. My _____ folds away, _____ hidden. My bed _____ pops out of the wall with two fingers. Guests? Move the _____ wall, have some fold-down _____ beds. And of _____, my _____ movie theater.

So I'm not _____ that we all need to live in 420 sq. ft. But consider the _____ of an edited life.

Go from 3,000 to 2,000, from 1,500 to 1,000. Most of us, _____ all of us, are here pretty happily for a _____ of days with a couple of _____, maybe a small space, a _____ room. So when you go _____ and you walk through your front _____, take a second and ask yourselves, "Could I do with a little life editing? Would that give me a little more _____? Maybe a little more time?"

What's in the _____? It doesn't really _____. I know I don't _____ it. What's in _____? Maybe, just maybe, less might equal _____. So let's make room for the _____ stuff.

Thank you.