

## WATCHING

### LESS STUFF, MORE HAPPINESS – Graham Hill, TED-Ed

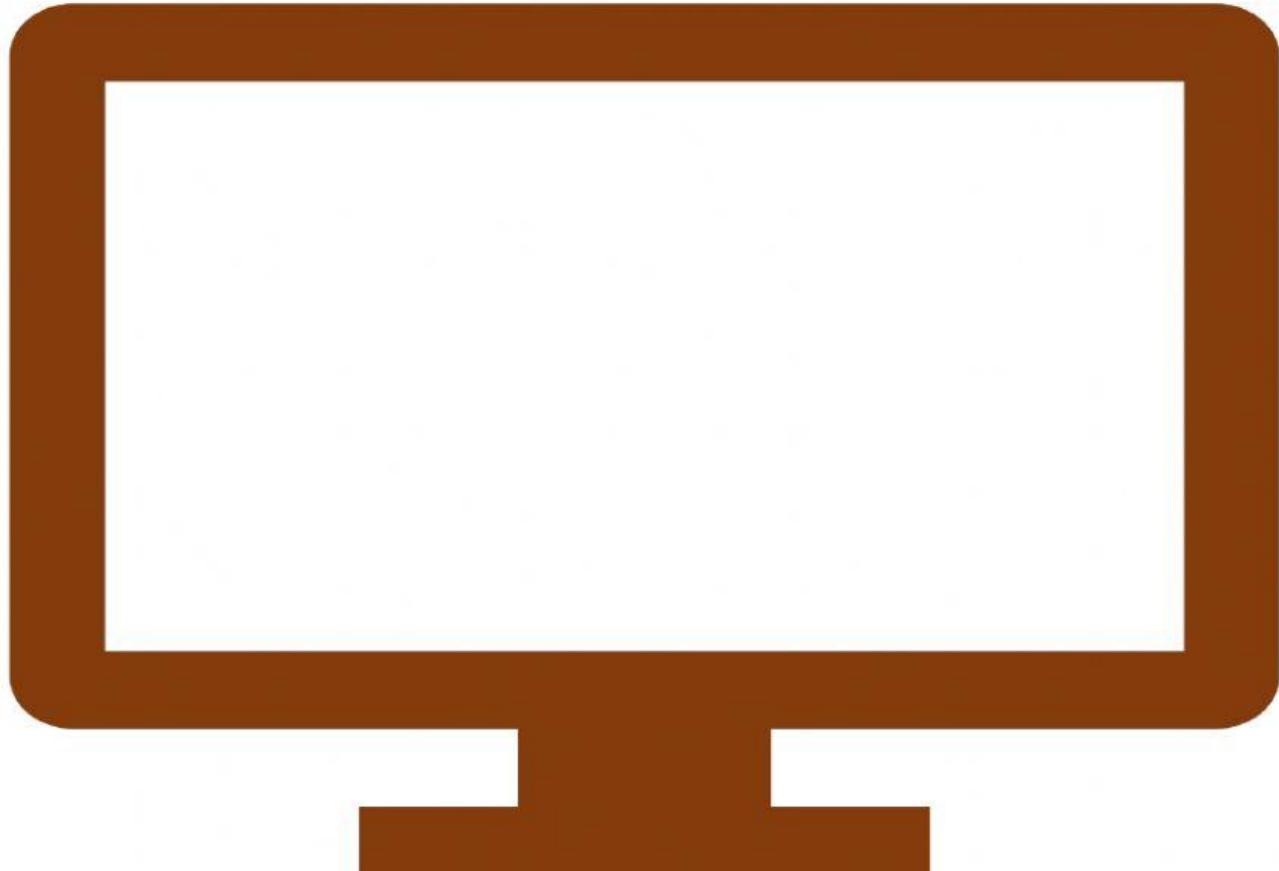
1) Predict: what is the video about (Less Stuff, More Happiness)?

2) Drag the key words in the box to their meanings:

ease	environmental footprint	extraneous
flatline	housewares	multifunctional
save money	shopper	storage

	space for storing
	a person who shops
	impact on the environment
	to be economical in expenditure.
	to be at a low level and not increase
	freedom from concern, anxiety, or solicitude; a quiet state of mind
	without pity or compassion
	not pertinent; irrelevant
	having or able to perform many functions
	articles of household equipment, as kitchen utensils, or glassware

3) Watch the video:



4) According to the video, write the correct numbers (use numerals):

a) Americans have about \_\_\_\_\_ times the amount of space they did \_\_\_\_\_ years ago.

b) The personal storage industry is \_\_\_\_\_ billion-dollar and a \_\_\_\_\_ billion sq. ft. industry.

c) Graham Hill crowdsourced a \_\_\_\_\_ sq. ft. apartment and he wanted it to have a sit down dinner for \_\_\_\_\_.

5) Complete: Having more space made us to become good shoppers, which leads to:

- i) Lots of \_\_\_\_\_
- ii) Huge \_\_\_\_\_
- iii) Our \_\_\_\_\_ levels \_\_\_\_\_ over 50 years

6) Complete with one word (the first letter of each answer is given): what are the joys of less?

- i) C\_\_\_\_\_
- ii) T\_\_\_\_\_
- iii) C\_\_\_\_\_

7) Complete Hill's suggestion:

According to Hill, less \_\_\_\_\_ and less \_\_\_\_\_ are going to equal a smaller \_\_\_\_\_. And it's going to save you some \_\_\_\_\_, and give you more \_\_\_\_\_ in your life.

8) Select: what are the things Hill want to have at his apartment?

couple of bags	home office	jewelry box
paperwork	sit down dinner for 12	
six burner stove	room for guests	books
	room for all his kite surfing gear	

**9) Complete using verbs: read about Hill's first approach.**

The first approach is to \_\_\_\_\_ ruthlessly.

You have to \_\_\_\_\_ the arteries of your life, \_\_\_\_\_ the extraneous and \_\_\_\_\_ to \_\_\_\_\_ the inflow.

It's necessary to \_\_\_\_\_ before you \_\_\_\_\_. \_\_\_\_\_ yourself, "Is that really going to make me happier? Truly?".

By all means, you should \_\_\_\_\_ and \_\_\_\_\_ great stuff.

Stuff you are going to \_\_\_\_\_ for years, not just stuff.

**10) Complete the table about Hill's second approach.**

<b>a</b>	Hill's mantra is	
<b>b</b>	He wants to space	
<b>c</b>	Things must be designed for	
<b>d</b>	His example is	
<b>e</b>	To make things disappear he suggests	

**11) Complete Hill's third approach. Watch the video again, if necessary.**

He wants \_\_\_\_\_ and \_\_\_\_\_.

His examples are:

- i) a \_\_\_\_\_ combined with a \_\_\_\_\_;
- ii) a \_\_\_\_\_ becomes a \_\_\_\_\_;
- iii) a little \_\_\_\_\_ stretches out to \_\_\_\_\_ 10;
- iv) the \_\_\_\_\_ grows in height and width to \_\_\_\_\_;
- v) his \_\_\_\_\_ is easily hidden;
- vi) his \_\_\_\_\_ pops out of the \_\_\_\_\_;
- vii) moving the \_\_\_\_\_ you find some guest \_\_\_\_\_.

**Submit your answers**

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**12) Tell me (in English):**

a) Hills says "We've got to clear the arteries of our lives. And that shirt that I hadn't worn in years? It's time for me to let it go."

What do you think is the meaning of this metaphor "clear the arteries of our lives"?

b) What do you think about Hill's suggestions?

c) Do you think you have too much stuff?

d) Would you live in a small apartment?

e) In your opinion, are there benefits to live in a small place and have few things?