

## UNIT 1 A

### READING

Read the introduction to the text. Are the sentences true (T) or false (F)?

- 1 You need lots of friends to be happy. \_\_\_\_\_
- 2 There are four different types of friends. \_\_\_\_\_
- 3 It is important to have different types of friends in your life. \_\_\_\_\_

3 A  1.3 Match the types of friends in the box with descriptions 1–4. Listen and check.

The super planner   The party animal   The good listener   The straight talker

B Do you have any friends like these? What type of friend are you?

## THE FOUR FRIENDS YOU NEED

We all know that friends are important ... but do we have the "right" friends? Dr. Adam Greenberg, a psychologist, doesn't think we need lots of friends to be happy. Instead, he says it's more important to have different types of friends. He believes that there are four types of friends, and they all help us in different ways. So, what are these four friends like?



1 \_\_\_\_\_  
You share everything with these friends and often tell them all your secrets. They're patient when you call them late at night with a problem and never complain when you tell them the same stories, over and over again!



2 \_\_\_\_\_  
These friends know you very well, and they're honest ... really honest. They always tell you the truth, even when you don't want to hear it. But this is because they care about you and don't want you to make a mistake and get hurt.



3 \_\_\_\_\_  
These friends are very sociable, and you usually have a good time when you're with them. They're very funny and make you laugh when you're sad. All your friends and family love them, too. With friends like these, life is never boring!



4 \_\_\_\_\_  
These friends are very organized, but they're sometimes a little serious. They hardly ever forget important dates, like your birthday! They're very busy and have lots of things to do every day, but they always find time to have coffee with you.

Choose the correct words to complete the sentences. Check your answers in the text.

- 1 Do / Does we have the "right" friends?
- 2 Dr. Greenberg don't / doesn't think we need lots of friends to be happy.
- 3 He say / says it's more important to have different types of friends.
- 4 They don't / doesn't want you to make a mistake and get hurt.
- 5 You usually have a good time when you is / are with them.
- 6 They hardly ever forget / forgets important dates.