Mike's New Year's Resolutions



January 5: The winter holidays came to an end. It was time to go back to school. Mike got up at 7 o'clock and he went to the bathroom After a quick shower, he looked at his toothbrush and he said: '*In 2020, I'm going to brush my teeth after every meal.*' Then, Mike went to the kitchen, saw his mother and he promised, '*In 2020, I will always be nice to you*'. His mother smiled. When Mike arrived at school, he spoke to his teacher, Miss Smith: '*Miss, in 2019, I didn't always do my homework. I'm sorry. I want you to know that, in 2020, I will always do it.*' At lunchtime, Mike went to the canteen and he said to his friends, '*In 2019, I ate a lot of junk food, too many candies, burgers and fries ! Starting from today, I will eat healthy food like chicken, fish and salad.*' Mike's friends laughed. When Mike arrived home at 6 o'clock, he ate dinner and he logged on to his computer. He started playing computer games but he played for just fifteen minutes. He thought, '*In 2020, I will not play computer games all the time. I will only play for less than an hour a day.*' He looked in the mirror and he grinned at himself, thinking that he would get a nice present for his birthday if his mother was satisfied. Maybe he could ask for a new motorcycle.

TRUE OR FALSE?

1. Mike spoke to his toothbrush in the bathroom.
2. Mike brushed his teeth less than three times a day in 2019.
3. Mike promised to be nice to his dad.
4. Mike apologized to his teacher and he promised he would work harder in 2020.
5. At lunch time, Mike had a burger and fries.
6. Mike invited his friends to go to a fast food restaurant.
7. After dinner, Mike immediately did his homework.
8. Mike wants to please his mother because he wants a new motorbike.

LOOK AT THE VERBS. WHICH TENSE IS USED TO SPEAK ABOUT MIKE'S HABITS IN 2019 ?

WHICH TENSE IS USED TO SPEAK ABOUT HIS NEW YEAR'S RESOLUTIONS ?

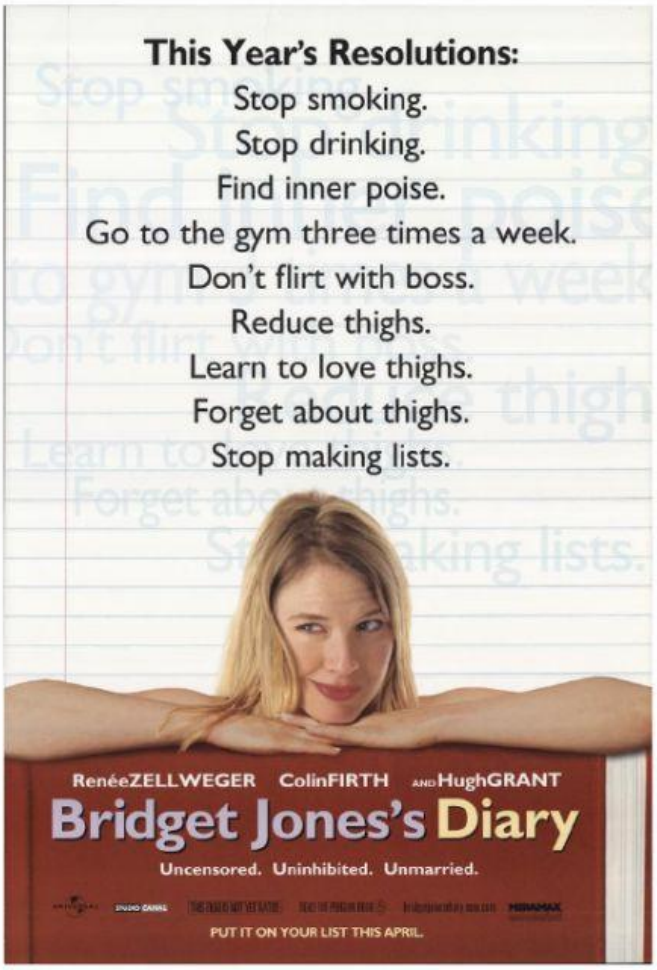
ANSWER THESE QUESTIONS USING THE CORRECT TENSE :

1. At what time did he wake up ? He _____ (wake) up at ___ o'clock.
2. Did he take a shower before going to school ? _____
3. Where did he go at lunchtime ? He _____ (go) to the _____
4. At what time did he eat dinner ? He _____ (eat) dinner at ___ o'clock.

MIKE WROTE SIX GOOD RESOLUTIONS ON A PIECE OF PAPER. TICK THE RESOLUTIONS THAT HE MADE.

- I will cycle to school instead of taking the bus.
- I'm going to stop eating so many sweets.
- I will brush my teeth after every meal.
- I'm going to keep my bedroom clean and tidy.
- I won't spend so much time playing video games.
- I will stop making promises I can't keep.
- I'm going to start a new sport.
- I will stop smoking.
- I'm going to eat healthier food.
- I'll get up earlier so I'm never late for school.
- I will always do my homework.
- I'll always be nice to my mother.

LIVEWORKSHEETS



LOOK AT BRIDGET'S RESOLUTIONS. WHAT DOES SHE WANT TO DO ?

1. Does she want to exercise more?

Bridget has decided to _____

2. Is she planning to drink alcohol?

She's going to _____

3. Is she going to stop smoking ?

She intends to _____

4. What about her relationship with her boss ?

She _____ with her boss.

5. What about her physical appearance?

She _____ to love her _____

6. Why does she want to stop making lists ?

She hates shopping.

She finds it difficult to keep her new resolutions.

7. What is the biggest problem?

SMOKING – DRINKING – PHYSICAL APPEARANCE

WHAT ABOUT YOU ? LOOK AT THESE EXAMPLES AND CHOOSE FIVE NEW YEAR'S RESOLUTIONS :

I will _____

I won't _____

I'm going to _____

I've decided to _____

I intend to _____



R EAD BOOKS
E AT BREAKFAST
S TOP COMPLAINING
O BEY MY PARENTS
L EARN A NEW LANGUAGE
U SE THE TEACHER'S ADVICE
T IDY MY BEDROOM
I MPROVE COMMUNICATION SKILLS
O VERCOME NEGATIVE EMOTIONS
N EVER FORGET MY HOMEWORK
S TART A NEW SPORT

LIVEWORKSHEETS