

Sophie's daily routine

Sophie is eleven years old and she lives in Brighton, England.

She usually gets up at a quarter to eight, she has a shower and gets dressed. After that, she goes downstairs and has breakfast. For breakfast she usually has milk, toast and orange juice. Then she brushes her teeth because she likes them white and healthy!

Then she grabs her school bag and goes to the bus stop to catch the school bus. Classes start at half past eight and finish at half past four. She usually has lunch at the school canteen with her schoolmates at about 12 o'clock. Her best friend is Amy and Sophie always sits next to her at lunch. They usually eat rice, soup, salad and meat

After school she returns home and does her homework. She is a very hard-working pupil and she never misses a school task! After homework, she usually listens to music and watches television a bit.

At half past seven it is time for dinner. She eats a sandwich with strawberry juice. Then she usually reads a book or chats with her parents for a while.

Finally, she goes to bed at about ten o'clock, but before that she brushes her teeth.



A CHOOSE THE CORRECT ANSWER

1. What does Sophie do after getting dressed?

- a. She goes downstairs and has breakfast
- b. She brushes her teeth
- c. She has shower and combs her hair

2. What is her best friend's name?

- a. Amy
- b. Any
- c. Angie

3. What does Sophie do after finishing her homework?

- a. She listens to music and watches television
- b. She listen to music and watch television
- c. She listened to music and watches television

C MATCH THE ACTIVITY WITH THE HOUR

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|-----------------------|------------------|
| a. She has dinner at | Ten o'clock |
| b. She has lunch at | Quarter to eight |
| c. She gets up at | Half past eight |
| d. Classes starts at | Half past seven |
| e. She goes to bed at | About 12 o'clock |

B ORDER SOPHIE'S DAILY ROUTINE.

She catches the bus to school.	
She has lunch at the school canteen.	
She listens to music.	
She gets up.	
She does her homework.	

D DRAG WITH THE MOUSE THE FOOD TO THE MEAL

BREAKFAST

LUNCH

DINNER

