



PERÚ

Ministerio  
de Educación

APRENDO  
en casa

Educación Secundaria

English: Level A2+

WEEK 23

## Let's stop violence against women and girls!

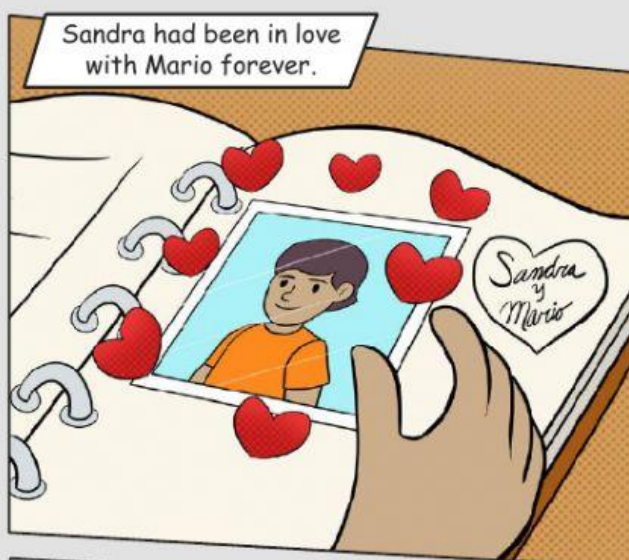
### Story time 2\*

Listen to and read the story.

**Do not tolerate violence!<sup>1</sup>**  
This is the story of a friend's friend.



Sandra was shy  
but very friendly.



**A.**

Eventually, Sandra and Mario  
became boyfriend and girlfriend.  
Sandra felt they were soul mates.

**B.**

At the beginning, everything was perfect.  
Mario was charming and Sandra was on top  
of the world. They went out for long walks.  
They had fun together.

\* Material elaborado en colaboración con el British Council y RELO Andes de la Embajada de Estados Unidos.

1. Historia creada por el Ministerio de Educación del Perú.

**But as time  
went on, things  
started to change.**

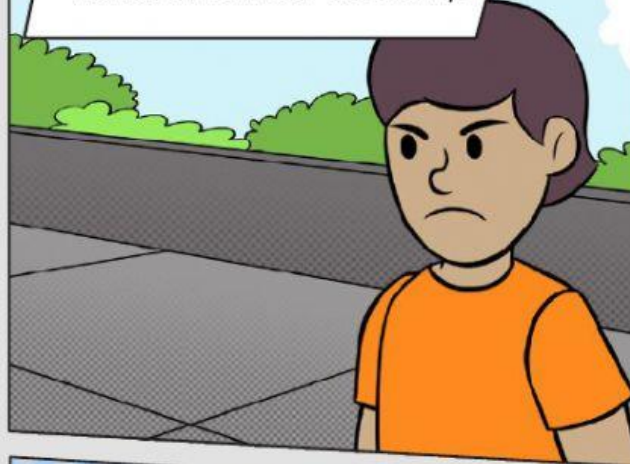
**C.**

At first, Mario did not like what Sandra did or said. Sandra liked to hang out with friends, but Mario didn't like that.

**D.**

He did not like what Sandra did in her freetime either. Sometimes Mario embarrassed Sandra in front of others.

Mario was not the person she thought she knew. Mario started to act differently.



Then, Mario did not like the way Sandra dressed.



At school everybody was worried for Sandra. Sandra was not happy with Mario anymore. She was anxious and stressed out.



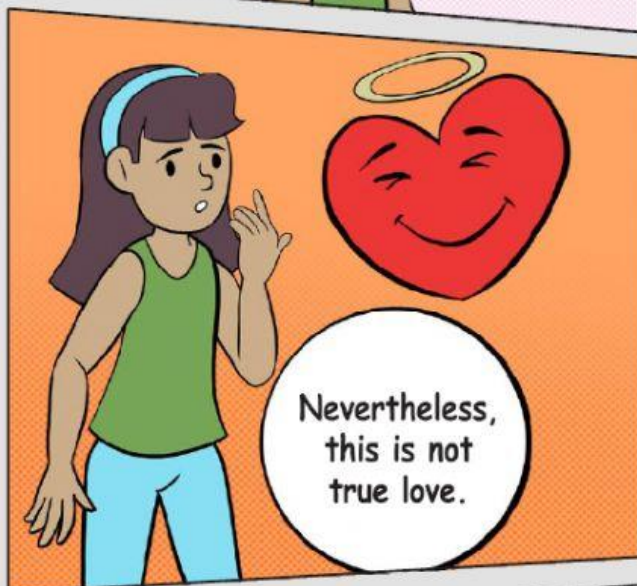
However, she believed Mario was her other half, her one true love. She tried to convince herself that this was normal.



There are so many myths about love.

E.

Nevertheless, this is not true love.



**It's important to recognise how these myths about love can disguise violence and abuse. Do you know the kinds of violence that usually happen in boyfriend-girlfriend relationships?**

If he or she pushes you, pulls you, or hits you, this is physical violence.



F.

If he or she is jealous, controlling, offends you, humiliates you in front of others, or makes you feel bad about the decisions you make, this is psychological violence.

If he or she tells you things that make you feel uncomfortable, touches you without your consent, or blackmails you into having a sexual relationship, this is sexual violence.



**How can you  
recognise  
a healthy  
relationship?**



**G.**

You have time to spend with your friends and family.



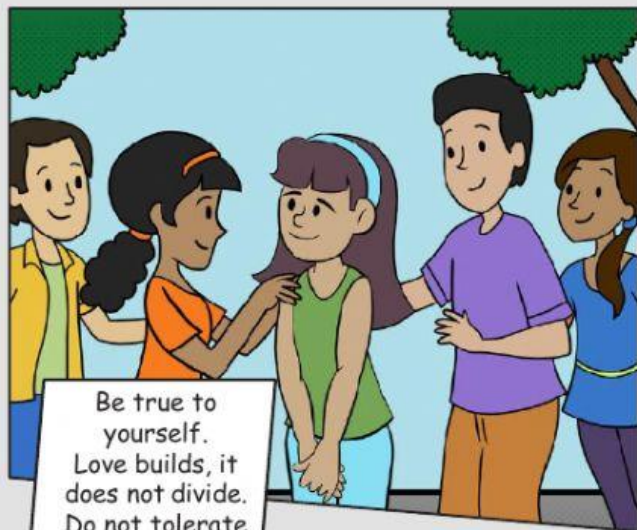
He or she respects your decisions.

**H.**

You do activities together and help each other

You talk with each other in order to find a solution to disagreements or problems.





If you are a victim of violence or if you know a victim of violence, call 100.





1. Drag the images where is true

1



2



3



4



5



6



7



8



**2. Choose** the best option.

**Which is NOT a message of the story?**

- a.** If a person makes you feel bad, it is violence.
- b.** True love respects you.
- c.** True love makes you happy.
- d.** Love one person forever.