Health & Family Life
Avoiding Negative Behaviours

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Drugs, crime and violence, are behaviours that negatively impact self, family and the community.

Combating Negative Behaviours

- Emphasize Prevention – "The first drug is the worst drug."
  The object is to avoid the onset of an undesirable circumstance.
- Actively participate in positive programmes in school and community.
- Practice good family relations and communications
- Avoid intimate relationships with persons involved in drug use, crime or violence.
- Do not allow peer pressure to lure you to engage in these behaviours.
- Inform an adult if you are aware of friends or classmates







Use the information to help you answer the following questions/fill in the blank spaces.

1. Name THREE behaviours that negatively impact a person.

_____ _____ _____

2. You should participate in programs that are being offered by the _____ and the _____.

3. Don't allow _____ _____ to lure you into negative behaviours.

4. You should tell an _____ if you have a friend or classmate who is taking part in negative behaviours.