Put the verbs into the simple past.

1. wake up _____
2. give _____
3. feel _____
4. have _____
5. go _____
6. eat _____
7. say _____
8. write _____
9. see _____

Complete the blog with the simple past form of the verbs from the excercise above.

Health Blog

I _____ early. I was very excited. I _____ to the hospital on the bus. The hospital? Yes, that's right! I was OK, but it was a very special day for me. I want to be a doctor like Joan's dad. Dr. Mathews _____'come to the hospital for a day, Joan'. It was brilliant! I _____ nervous,but Dr. Mathews was great. He _____ me a tour of the wards. I _____ the special machines and met the nurses. They worked really hard. At lunchtime, I _____my sandwiches in the canteen with all the doctors. I asked the doctors lots of questions! I _____ a great time! When I got home I _____ an email to Dr. Mathews to say thank you!

Finish the sentences about Joan's blog post

1. Joan went _____
2. Joan met _____
3. Joan ate _____
4. Joan wrote _____

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