

Civics and Ethics Module 2 “Liberty, Autonomy and Assertiveness”

INTERACTIVE NOTEBOOK ACTIVITY

Esfer Cordilleras Middle School 1st Grade

Teacher Olaya Leyva

STUDENT NAME: _____

ANSWER THE FOLLOWING QUESTIONS:

What is autonomy?

- a) Being able to do what you want whenever you want to do it.
- b) Being able to look after oneself by being responsible of our actions.
- c) Having the liberty to choose how we want to act without thinking the consequences.

Does everyone have the same level of autonomy?

- a) Yes, everyone is born with the same level of autonomy.
- b) No, it depends on the decision the person makes.

What is the correct form of communication?

- a) aggressive
- b) passive
- c) assertive

READ THE FOLLOWING CASES, THEN ANSWER THE QUESTIONS:

Jake has a younger sister; her name is Amy. They get along pretty well but Jake sometimes gets frustrated with her because he thinks that all of the things that Amy wants to do are boring. Amy always suggests her brother that they should play basketball, but Jake prefers to play soccer. She would like to go to the mall, but he thinks it is a waste of time. She likes comedy movies, but he has seen all of the movies that Amy proposed.

Instead of doing the things Amy want to do Jake always suggest that they should play soccer or videogames because, after all, he is the older brother, and he has better ideas on how to spend their free time together.

Amy never says anything to avoid having trouble with his brother, however she sometimes gets board of doing what his brother wants.

What type of communication does Jake uses with his sister?

- a) aggressive
- b) passive
- c) assertive

What type of communication does Amy use with her brother?

- a) aggressive
- b) passive
- c) assertive

What can Jake do to have a better relationship with his sister?

- a) He needs to do whatever Amy wants because he never considered her plans. Now it's the turn of Amy to decide what activities they should do.
- b) He needs to apologize to his sister, then if she doesn't want to continue doing the things he likes, they can spend time apart.
- c) He needs to explain why he doesn't like the plans that Amy is suggesting and try to make a compromise in which they both can do the things they like.

What should Amy do to have a better relationship with her brother?

- a) She needs to express what she feels to Jake so that he could have a better understanding of the situation.
- b) She should stop hanging out with him so she can have time to do the activities that she likes to do.
- c) She should express what she feels and then stop hanging out with her brother.

MATCH THE TYPE OF COMMUNICATION TO THE CORRECT DRAWING:



"This is how we do it"



"I don't mind"



"I can see that, but..."

**PASSIVE
COMMUNICATION**

**ASSERTIVE
COMMUNICATION**

**AGGRESSIVE
COMMUNICATION**