

## GETTING A FILLING

### What's going to happen?

First, the dentist will numb the area with a local **anesthetic**. The dentist will then use a **drill** to remove the decay. He or she will **probe** and clean the area to check all the bacteria and decay has gone. If the decay is deep, the dentist will apply **glass ionomer** to fill the area. Then the dentist will add the **filling** material in layers, using a special light to **cure** each layer. Then the dentist will **shape** the material and polish the final restoration.

### What will the dentist use to fill my tooth?

Several materials are available, including **gold**, **ceramic**, silver or **amalgam**. There are also **composite** resin fillings, made from plastic and glass.

### Will I need more than one appointment?

Dentists make most fillings in one appointment, but **indirect fillings** require two. You will receive a **temporary filling** on the first appointment, and your permanent filling on your second visit.

1 What is the main purpose of the article?

- A to teach dentists how to fit fillings
- B to tell people how to avoid needing a filling
- C to describe what happens during filling treatment
- D to compare different types of filling material

2 What can be inferred about the use of glass ionomer?

- A It is not always necessary.
- B It makes the filling stronger.
- C It makes the treatment less painful.
- D It is a common filling material.

3 Which type of filling requires two visits?

- A an amalgam filling
- B a temporary filling
- C a composite resin filling
- D an indirect filling

**Listen to the conversation and answer the following questions**

**1** The woman doesn't like gold fillings.

**2** The man recommends the composite fillings.

**3** The woman chooses the cheapest option.