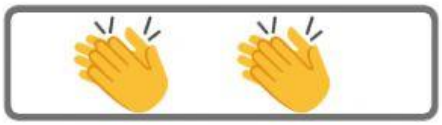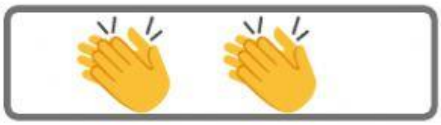PIQUEM PARAULES