REPHRASING PRESENT PERFECT SIMPLE & CONTINUOUS

1. I have worked on this project these days. (recently)
2. The band broke up this morning. (just)
3. They know each other since 2017. (for)
4. Susan has had her motorbike for 5 years. (since)
5. I don't speak to Diego since 2010. (for)
6. This week I have studied a lot. (lately)
7. We spoke to our students one moment ago. (just)
8. The last time Terry was in London was in 2018. (since)
9. When did you started living here? (how long)
10. I saw that new movie today. (just)
11. We have met a lot these days. (recently)
12. I have worked for 5 hours. (working)