

# My Day Off

Don't you love day offs? They are like small pauses in our daily routines. They're the opportunity we need to disconnect and rest. Yesterday was a day off... What did you do? Write 3 or 4 FULL SENTENCES below.

You will listen to a woman describing her day off. Tick the activities you hear.



Listen to the next part. Select TRUE or FALSE.

- |                                      |      |       |
|--------------------------------------|------|-------|
| 1. She <u>drove</u> to work.         | True | False |
| 2. The bus <u>was</u> too full.      | True | False |
| 3. She <u>worked</u> for five hours. | True | False |
| 4. She <u>checked</u> some e-mails.  | True | False |
| 5. She <u>talked</u> to her boss.    | True | False |

Listen to the last part. Number the actions in the correct order. There's an action she didn't do. Cross it out.

- ( ) She watched a movie.
- ( ) She exercised for an hour.
- ( ) She cleaned up the kitchen.
- ( ) She went home.
- ( ) She cooked dinner.
- ( ) She walked to the gym.
- ( ) She showered.
- ( ) She chatted with her roommate.