

Someone Like Me: Part 1 Theme: Anxiety

Directions: Below, there is a picture of you leaving your bedroom in the morning. In the space provided, write all of the challenges (problems) you face (are confronted/deal with) on an average day (no more than 10). Use these challenges to create complex sentences below.



- 1) When _____, I had been thinking about _____.
- 2) _____ has bothered me for _____ because _____.
- 3) On an average day, I have had to deal with _____ however _____.
- 4) _____ therefore I _____ on any given day.