



RECUPERACIÓN DE TRAYECTORIAS EDUCATIVAS 2020

CURSO: 5º AÑO

PERÍODO: 3º TRIMESTRE - ACTIVIDAD 2

ENVÍO: 16 DE NOVIEMBRE

ENTREGA: 18 DE NOVIEMBRE

READING COMPREHENSION

Read the text and complete the activities below.

Changing lifestyles

Maggie, age 35

'I got skin cancer last year. It was very frightening. I'm better now, but I realised I needed to change my lifestyle. You see, I loved the sun. Every holiday, I went abroad and spent too long in the sun. I didn't wear sunscreen. I didn't visit the sights like the other tourists. I wasn't interested. I just spent my time at the beach. When I go on holiday now, I spend more time at museums and art galleries. It's safer and more interesting.'

Vincenzo, age 31

'I was a doctor and I loved my job. But I did too much work. And that's unhealthy. I had no time for my family or friends. I wasn't getting enough sleep and I wasn't doing enough exercise. I felt irritable and stressed. I needed to slow down and change my lifestyle. So I decided to work four days a week, not seven! Now I spend much more time with my children. I sleep better and I do more sport. I have slowed down and I feel happier.'

Clare, age 24

'I work in a department store in the capital city. This city has the best restaurants I've ever been to. It has the best-dressed people I've ever seen. And it has the most expensive shops. So, although I like my job, I don't have enough money to live here! Before, I spent too much money on things I didn't really need. I've changed my habits now. I try to eat at home, not in restaurants. I don't try to look like the people who come into the department store. And I don't go into the expensive shops. I'm much less frustrated now!'

1) Reread the text and complete the gap with the right option, A, B or C.

Example: When Maggie went on holiday, she spent too long _____. _____

A at art galleries B at museums C in the sun _____

C

1 On holiday, Maggie didn't put on _____. _____

A sunglasses B sunscreen C a sunhat

2 She wasn't interested in _____. _____

A sightseeing B lying in the sun C going to the beach



3 When she goes on holiday now, she goes to _____.
A the shops B the cafés C museums and art galleries

4 Vincenzo worked too much and didn't have enough time _____.
A to do the housework B to play golf C for his family and friends

5 He felt _____ and unrelaxed.
A lonely B impatient C bored

6 He decided to stop working seven days a week and only work _____.
A four B three C two

7 Before, Clare bought _____.
A expensive clothes B things she didn't need
C presents for her friends

8 Now, she doesn't go into the _____.
A department store B city C expensive shops

9 She is happier with her life because she _____.
A has changed the way she lives B eats in nice restaurants
C earns more money

2) Write M for Maggie, V for Vincenzo, or C for Clare.

Example: I needed to slow down. V

1 I have a safer lifestyle now. _____

2 I have a job in a department store. _____

3 I have more time for my children now. _____

4 I don't have enough money to live in this city. _____

5 I spent every holiday abroad. _____

6 I wasn't sleeping enough. _____