

# PRE-INTERMEDIATE 2- ADOLESCENTS 3 LESSON 34 FINAL COACHING

## READING AND LISTENING

### 1-LISTEN TO TWO FRIENDS TALKING ABOUT ADVENTURES

 3.24 Listen to two friends talking about an adventure. Which adventure do they talk about?

- 1 cycling around the world
- 2 dancing around the world
- 3 skateboarding around the world

 3.24 Listen again. Choose the correct options.

- 1 Matt has been to 14 / 42 countries.
- 2 At the moment he is in Africa / America.
- 3 A lot of people watch / laugh at him.
- 4 He is / isn't a good dancer.
- 5 Then they start to sing / dance.
- 6 People understand / don't understand Matt.

### 2-READING- READ ABOUT HELEN'S ADVENTURE

#### Helen's Adventure



1 Helen Skelton is a famous British television presenter. She was born on 19 July 1983, in Cumbria, in England. She has worked on the BBC children's programme *Blue Peter* since 2008.

2 Helen is an amazing person. She has run a 126-kilometre marathon across the desert in Namibia. She is the second woman in the world to do this. She has also travelled over 3,000 kilometres all the way down the Amazon River in a kayak. She did this to raise money for Sport Relief, a charity event for the world's poorest countries.

3 The Amazon trip was difficult. Helen travelled alone, 97 kilometres a day, six days a week. She started out from Nauta, Peru on 28 January 2010 and arrived 49 days later in Almeirim, Brazil on 28 February. She felt ill because it was so hot, her hands hurt from the kayaking, and she had over 150 insect bites, but she finished the trip.

4 After Helen left her kayak in Brazil, we asked her, 'What are you going to do when you get home to England?' 'Well, I've missed my dog, Barney, terribly,' she answered. 'So the first thing I'm going to do is take him for a nice long walk!'

### 3-ANSWER

1-WHERE WAS HELEN BORN?

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2- WHEN DID SHE START WORKING AT "BLUE PETER"?

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3-HOW LONG WAS THE JORNEY ON THE AMAZAON?

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4-WHY DID SHE TRAVEL DOWN THE AMAZON?

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5- DID SHE TRAVEL EVERY SINGLE DAY?

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6- WHAT PROBLEMS DID SHE FACE ON THE TRIP?

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