

Integrated Skills in English Foundation

Time allowed: 2 hours

This exam paper has four tasks. Complete all tasks.

Task 1 – Long reading

Read the following text about a teacher called Nancie Atwell and answer the 15 questions on page 3.

Paragraph 1

The winner of the World's Best Teacher Prize was Nancie Atwell, from the USA. There were 10 fantastic teachers in the final part of the competition. But people thought Nancie was the best teacher and she won one million dollars. The World's Best Teacher Prize is not only about the money. It wants to show young people that teaching is a very important job.

Paragraph 2

Nancie did not want to be a teacher at first. She studied English at university and didn't know what job she wanted to do. She started to work at a school in New York. She was so surprised – she loved teaching! She especially liked teaching 13- and 14-year-olds. That was nearly 40 years ago, and she is still a teacher.

Paragraph 3

Nancie enjoyed discussing books with her students, but she soon understood that the teenagers didn't like the same books as she did. So the students chose the books they wanted to read and chose to write about things they were interested in. The other teachers weren't very keen on this idea, but Nancie continued teaching in this way.

Paragraph 4

What happened was very interesting. The students read some great books, started working harder and they were more enthusiastic about their lessons. Nancie moved from New York to Maine, and started her own school. She uses her special way of teaching there. All classrooms have libraries and there are not many students in each class.

Paragraph 5

Students at the school read about 40 books a year. This is many more than is usual for young people in the USA. Also, 97 per cent of the students go on to university or college. It's not surprising that Nancie won the prize. So what is she going to do with the prize? Is she going on holiday? No! She's going to spend it on a new roof for the school and more books.

Questions 1-5

The text on page 2 has five paragraphs (1-5). Choose the best title for each paragraph from A-F below and **write the letter (A-F) on the lines below**. There is one title you don't need.

1. Paragraph 1
2. Paragraph 2
3. Paragraph 3
4. Paragraph 4
5. Paragraph 5

- | |
|--|
| <p>A The best job for Nancie</p> <p>B A new school for Nancie</p> <p>C Nancie's plan for the money</p> <p>D No better teacher than Nancie</p> <p>E What Nancie's students think of her</p> <p>F Nancie's new way of teaching</p> |
|--|

Questions 6-10

Choose the **five statements** from A-H below that are **TRUE** according to the information given in the text on page 2. **Write the letters of the TRUE statements on the lines below (in any order).**

6.
7.
8.
9.
10.

- | |
|---|
| <p>A The most important thing about the prize is the money.</p> <p>B Nancie wanted to be a teacher when she was a child.</p> <p>C Nancie enjoyed teaching young teenagers the most.</p> <p>D The students weren't interested in the same books as Nancie.</p> <p>E In Nancie's new school the pupils decide which books to read.</p> <p>F There are shelves of books in every classroom of Nancie's school.</p> <p>G Many American teenagers don't read any books.</p> <p>H Nancie isn't going to buy something for herself with the money.</p> |
|---|

Questions 11-15

Complete sentences 11-15 with an exact number, word or phrase (maximum three words) from the text. **Write the exact number, word or phrase on the lines below.**

11. Ten people got to the of the World's Best Teacher Prize.
12. Nancie first started teaching almost
13. In New York, Nancie's pupils what they wanted to read.
14. The students became better students and were in class.
15. The school building is going to have a

Turn over page

Task 2 – Multi-text reading

In this section there are three short texts for you to read and some questions for you to answer.

Questions 16-20

Read questions 16-20 first and then read texts A, B and C below the questions.

As you read each text, decide which text each question refers to. **Choose one letter – A, B or C – and write it on the lines below.** You can use any letter more than once.

Which text

16. gives clear information about how to be healthy?
17. wants to teach people how to make good food?
18. has information about how people eat or live?
19. describes problems that young people have?
20. tells people to take exercise?

Text A***How healthy are you?***

The results of a study of 100 students aged between 14 and 22 show that many are not eating well or drinking enough water. Many students like the idea of more exercise but say that they are too busy and most of them drive to school.

Some students often go to bed very late and sometimes this causes problems in class. For example they find it more difficult to concentrate.

- *75% don't eat enough fresh fruit or vegetables every day*
- *90% never have breakfast before they leave the house*
- *20% regularly drink water during the day*
- *62% find it difficult to concentrate during the day*
- *35% say they only have around 5 hours sleep every night*
- *57% would like to do more exercise*

Text B**Katy's website**

about me

recipes

tips

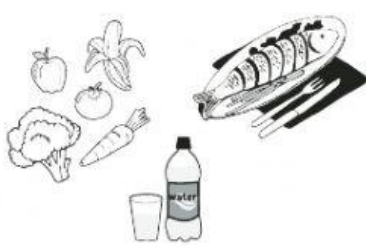
links

Hi, I've always loved eating healthy food but I didn't know how to cook. In fact, like a lot of young people, I didn't have much time to cook.

Then two years ago I did a cooking course and it's changed my life. On the course I learnt how you can make great meals in just half an hour. I thought cooking was difficult but it wasn't – and it was fun. The teachers also showed us websites with lots of recipes and ideas for cooking. We also learnt to cook with ingredients that weren't expensive.

On this blog I want to share my ideas for healthy meals that are quick and cheap to make. Each day I'll show you a different recipe and I invite you to tell me what you think. So, if you love great food, try my website and let's enjoy healthy food!

Text C

Say YES to:  Don't forget to keep active! Why  when you can 	Say NO to: 
Don't watch more than three hours of TV a day 	Do eat three meals a day      

Questions 21-25

Choose the **five statements** from A-H below that are **TRUE** according to the information given in the texts above. Write the letters of the **TRUE** statements on the lines below (in any order).

21.
22.
23.
24.
25.

- A Cooking is easy and fun.
- B Healthy food is expensive.
- C Some students say they want to do more exercise.
- D It is important to eat fish.
- E Watching a lot of TV is healthy.
- F Some websites offer recipes and useful information.
- G A lot of students walk to school.
- H You can cook a healthy meal in 30 minutes.

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Questions 26-30

The summary notes below contain information from texts A-C. Find a word or phrase from the box at the bottom to complete the missing information in gaps 26-30. Remember to look back at the texts when you choose your answer from the word bank.

Write your answers on the lines below. You don't need all the words and phrases.

Notes**Reasons why there are problems today:**

- People don't eat the right food
- They don't do (26.)
- Students don't have enough sleep
- Young people don't cook (27.)
- People use their cars too often

The advantages of learning to cook healthy food:

- Quick
- (28.)
- Fun

Things people can do to change how they live:

- Walk more often
- Remember to (29.) in the morning
- Drink more water
- Don't eat (30.)

Word bank

cheap
any sport
fruit and vegetables
have breakfast
drive the car
enough exercise
fast food
interesting
healthy food
go to bed early

Task 3 – Reading into writing

Write an essay (70-100 words) for your teacher about health and food.

Use the information you read in Texts A, B and C (pages 4 and 5) to:

- ▶ say what makes some people unhealthy
- ▶ say how food and drink can make you more healthy **and**
- ▶ describe other ways you can be healthy.

Do not copy from the texts. Use your own words as far as possible.

You should plan your essay before you start writing. Think about what you are going to write and make some notes to help you in this box:

Planning notes

(No marks are given for these planning notes)

Now write your essay of 70-100 words on the lines below.

This image shows a full page of white paper with horizontal dashed lines, typical of primary school writing paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Turn over page

Handwriting practice area with 20 sets of three horizontal lines (top, middle dashed, bottom).