

Tsamuha English Review Test

Procedure text

Banana Chocolate Chips

Ingredients: Organic figs, organic agave nectar, organic ground flaxseed, non gmo brown rice bran, organic freeze dried banana, organic dark chocolate chips, filtered water, organic banana flavour, green tea extract, oregano extract. **Chocolate chips are produced on equipment that also produces milk chocolate. Produced in a facility that also produces products containing soya and tree nuts.**

Nutrition Facts

	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size (63g)	Total Fat 8 g	12%	Total Carb. 36 g	12%
Servings Per Container 1	Sat. Fat. 2.5 g	11%	Fiber 8 g	33%
Calories 210	Trans Fat 0 g	0%	Sugars 26 g	
Fat cal. 70	Cholest. 0 mg	0%	Protein 4 g	
*Percent Daily Values (DV) are based on a 2,000 calorie diet	Sodium 0 mg	0%		
	Vitamin A 0% - Vitamin C 4% - Calcium 2% - Iron 6%			

NO DAIRY – NO EGGS – NO REFINED SUGAR – NO TRANS FAT

Answer the questions below!

1. From the label, we know that the product may contain
2. The ingredients of the products are mostly...
3. The product doesn't contain...
4. The word nectar means...
5. The synonym of dairy is...



**Natural Food.
Anytime.
Anywhere.**

FREEZE DRIED MANGO

PRODUCT OF USA

There is a small packet inside.
Do not eat.

Valeur nutritive Nutrition Facts	
Par 1 tasse (125 g) / per 1 cup (125 g)	
Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 90	
Lipides / Fat 0.3 g	0 %
saturés / Saturated 0.1 g + trans / Trans 0 g	0 %
Cholestérol / Cholesterol 0 mg	
Sodium / Sodium 3 mg	0 %
Glucides / Carbohydrate 21 g	7 %
Fibres / Fibre 2 g	8 %
Sucres / Sugars 19 g	
Protéines / Protein 1 g	
Vitamine A / Vitamin A	10 %
Vitamine C / Vitamin C	60 %
Calcium / Calcium	2 %
Fer / Iron	2 %

NET WT 12 oz. (340g)

BEST BEFORE:
21/07/2017
LOT: 1337



✓ **NO GMO**
✓ **NO ADDITIVES**
✓ **NO
REFRIGERATION**

Distributed by:
Pure Choice Foods LTD
Nepean, ON K2H 5B8
www.purechoicefoods.ca

Answer the questions below!

- 1 What is the name of the product?
- 2 How many ingredients of the product?
- 3 Are there any specific instructions on the label?
- 4 Is the product healthy?
- 5 Why do you think so?

**NEW
LOZENGES**



VapoDrops®
+COUGH

Relieve Cough
Clear Blocked Nose
Soothe Sore Throat

Sore throats often arrive with a cough and blocked nose.

VICKS® VapoDrops®
+COUGH Lozenges
are formulated to help:
1. Relieve Cough
2. Clear Blocked Nose
3. Soothe Sore Throat

Contains herbal ingredients.

DOSAGE

Adults and Children over 6 years:
Dissolve 1 lozenge in your mouth
every 2 hours as needed.

Code No.: DD/AYU/DD/AY/366

Each Lozenge contains extracts equivalent to dry:

Glycyrrhiza glabra (Liquorice)	15mg
Zingiber officinale (Ginger)	10mg
Phyllanthus emblica (Indian gooseberry)	10mg
Menthol	7 mg

CONTAINS hydroxybenzoates.
If symptoms persist consult your
healthcare professional.
Contains sugars.

Not to be used in children under 2 years
of age without medical advice.
Do not use if blister seal is broken.

Store below 25°C

Answer the questions below!

1. What is the name of the drug?
2. What kind of drug it is?
3. What is the drug intended for?
4. Are there any specific instructions on the label?
5. What should we do before we use a drug?

Drag the words box into the right sentence!

turn off

tender

wash

serve

cabbage

thoroughly

add

mixture

saucepan

salt

How to Make Chicken Soup

Ingredients:

- ¼ chicken
- 1 garlic
- 1 pinch of pepper
- 2 stalks of celery
- 1 potato
- 2 carrots
- ¼ cabbage
- 1 pinch of salt
- 4 glasses of water
- 1 tomato



Steps:

- Cut the chicken and wash it 1) _____.
- Boil the water in a 2) _____ and cook the chicken until 3) _____.
- 4) _____ all the vegetables and cut them into pieces.
- Grind pepper, 5) _____, and garlic.
- Put the spice 6) _____ into the saucepan.
- Put the potato, carrots and 7) _____ into the saucepan.
- Wait for ten minutes or until the vegetables are soft.
- 8) _____ the chopped celery and tomato into the saucepan.
- 9) _____ the stove.
- 10) _____ the chicken soup hot.

Example:

Ana : *Shhhh! Don't make any noise. My sister **is sleeping**.*



look make study come try
stay start work have get

1. Ana : You _____ hard today.
Ima : Yes, I have a lot to do.
2. Nona : I _____ for Salma. Do you know where she is?
Reno : Sorry. I don't know.
3. Ana : It _____ dark. Shall I turn on the light?
Andin : Yes, please.
4. Salma : The refugees haven't got anywhere to live at the moment. They _____ with relatives or friends until they built a new home.
Ivan : I feel bad for them.
5. Daddy : It's six thirty. Are you ready, Salma?
Salma : Yes. I _____.
6. Ana : You _____ too much noise. Can you be a little quieter?
I _____ to concentrate on my homework.
Andin : Sorry. I will.
7. Mother : Don't forget your umbrella. It _____ to rain.
Salma : OK, Mum. Thank you.
8. Dinda : Jessica called me last night. She is on holiday in Yogyakarta. She _____ a great time. She doesn't want to come back.
Alya : What fun!
9. Salma : Aliando is a university student.
Andin : Yeah. I know that. He _____ history.

Drag the numbers on the label to fill answer!

Low Fat

Breakfast Cereals

Mango, Walnut and Royal Jelly

Low fat breakfast cereals contains mango pieces, walnuts and royal jelly

3 Nutrition Information

Serving per package: (insert number of servings)
Serving size: g (or mL or other units as appropriate)

	Qty per Serving	Qty per 100g (or mL)
	kJ (Cal)	kJ (Cal)
Energy	g	g
Protein	g	g
Total fat	g	g
Saturated fat	g	g
Carbohydrate	g	g
Sugar	g	g
Sodium	mg (mmol)	mg (mmol)
(insert any other nutrient or biologically active substance to be declared)	g, mg, ug (or other units as appropriate)	g, mg, ug (or other units as appropriate)

INGREDIENTS:
Whole grain wheat, corn, rolled oats, palm oil, aspartame, mango pieces (mango, mango juice, humectant (glycerol), tartrazine, natural mango flavour), royal jelly, walnuts, minerals (Calcium carbonate, iron sulphate), vitamins (Vitamin C, Vitamin B6, Folic acid, Vitamin B12) and spices.

PHENYLKETONURICS:
CONTAINS PHENYLALANINE

WARNING - THE PRODUCT MAY NOT BE SUITABLE FOR ASTHMA ALLERGY SUFFERERS.

USE BY: 01/12/2010

Low Fat

Manufactured by:
Grain Food Pte Ltd
15 Food Safety Road
Singapore 123456

Product of Singapore

NET WEIGHT: 500g

1. What is the name of the product?
2. Where the product does comes from?
3. Which part of the label that shows us the nutrition?
4. Does it good for allergy sufferers?
5. When does the product expired date?
6. How many weight of the product?