

# Tsamuha English Review Test

## Procedure text

### **Banana Chocolate Chips**

**Ingredients:** Organic figs, organic agave nectar, organic ground flaxseed, non gmo brown rice bran, organic freeze dried banana, organic dark chocolate chips, filtered water, organic banana flavour, green tea extract, oregano extract. **Chocolate chips are produced on equipment that also produces milk chocolate. Produced in a facility that also produces products containing soya and tree nuts.**

#### **Nutrition Facts**

Serving Size (63g)  
Servings Per Container 1  
Calories 210  
Fat cal. 70  
\*Percent Daily Values (DV)  
are based on a 2,000 calorie  
diet

	Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 8 g	12%	Total Carb. 36 g	12%	
Sat. Fat. 2.5 g	11%	Fiber 8 g	33%	
Trans Fat 0 g	0%	Sugars 26 g		
Cholest. 0 mg	0%	Protein 4 g		
Sodium 0 mg	0%			

Vitamin A 0% - Vitamin C 4% - Calcium 2% - Iron 6%

**NO DAIRY – NO EGGS – NO REFINED SUGAR – NO TRANS FAT**

#### Answer the questions below!

1. From the label, we know that the product may contain ....
2. The ingredients of the products are mostly...
3. The product doesn't contain...
4. The word nectar means...
5. The synonym of dairy is...



Natural Food.  
Anytime.  
Anywhere.

**Pure  
Choice**  
FOODS LTD

There is a small  
packet inside.  
Do not eat.

## FREEZE DRIED MANGO

PRODUCT OF USA

BEST BEFORE:

21/07/2017

LOT: 1337



### Valeur nutritive Nutrition Facts

Par 1 tasse (125 g) / per 1 cup (125 g)	% valeur quotidienne % Daily Value
Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 90	
Lipides / Fat 0.3 g	0 %
saturés / Saturated 0.1 g	0 %
+ trans / Trans 0 g	
Cholestérol / Cholesterol 0 mg	
Sodium / Sodium 3 mg	0 %
Glucides / Carbohydrate 21 g	7 %
Fibres / Fibre 2 g	8 %
Sucres / Sugars 19 g	
Protéines / Protein 1 g	
Vitamine A / Vitamin A	10 %
Vitamine C / Vitamin C	60 %
Calcium / Calcium	2 %
Fer / Iron	2 %

NET WT 12 oz. (340g)

NO GMO

NO ADDTIVES

NO  
RERIGERATION

Distributed by:  
Pure Choice Foods LTD  
Nepean, ON K2H 5B8  
[www.purechoicefoods.ca](http://www.purechoicefoods.ca)

Answer the questions below!

- 1 What is the name of the product?
- 2 How many ingredients of the product?
- 3 Are there any specific instructions on the label?
- 4 Is the product healthy?
- 5 Why do you think so?

**NEW  
LOZENGES**



**VapoDrops®  
+COUGH**

Sore throats often arrive with a cough and blocked nose.

**VICKS® VapoDrops®  
+COUGH Lozenges**

are formulated to help:

1. Relieve Cough
2. Clear Blocked Nose
3. Soothe Sore Throat

Contains herbal ingredients.

**DOSAGE**

Adults and Children over 6 years:

Dissolve 1 lozenge in your mouth every 2 hours as needed.

Code No.: DD/AU/DD/AY/366

- » Relieve Cough
- » Clear Blocked Nose
- » Soothe Sore Throat

**Each Lozenge contains extracts equivalent to dry:**

Glycyrrhiza glabra (Liquorice)	15mg
Zingiber officinale (Ginger)	10mg
Phyllanthus emblica (Indian gooseberry)	10mg
Menthol	7 mg

**CONTAINS** hydroxybenzoates.

If symptoms persist consult your healthcare professional.

Contains sugars.

Not to be used in children under 2 years of age without medical advice.

Do not use if blister seal is broken.

Store below 25°C

**Answer the questions below!**

1. What is the name of the drug?
2. What kind of drug it is?
3. What is the drug intended for?
4. Are there any specific instructions on the label?
5. What should we do before we use a drug?

**Drag the words box into the right sentence!**

turn off      tender      wash      serve      cabbage  
thoroughly      add      mixture      saucepan      salt

### How to Make Chicken Soup

Ingredients:

- 1/4 chicken
- 1 garlic
- 1 pinch of pepper
- 2 stalks of celery
- 1 potato
- 2 carrots
- 1/4 cabbage
- 1 pinch of salt
- 4 glasses of water
- 1 tomato



Steps:

- Cut the chicken and wash it 1) \_\_\_\_\_.
- Boil the water in a 2) \_\_\_\_\_ and cook the chicken until 3) \_\_\_\_\_.
- 4) \_\_\_\_\_ all the vegetables and cut them into pieces.
- Grind pepper, 5) \_\_\_\_\_, and garlic.
- Put the spice 6) \_\_\_\_\_ into the saucepan.
- Put the potato, carrots and 7) \_\_\_\_\_ into the saucepan.
- Wait for ten minutes or until the vegetables are soft.
- 8) \_\_\_\_\_ the chopped celery and tomato into the saucepan.
- 9) \_\_\_\_\_ the stove.
- 10) \_\_\_\_\_ the chicken soup hot.

Example:

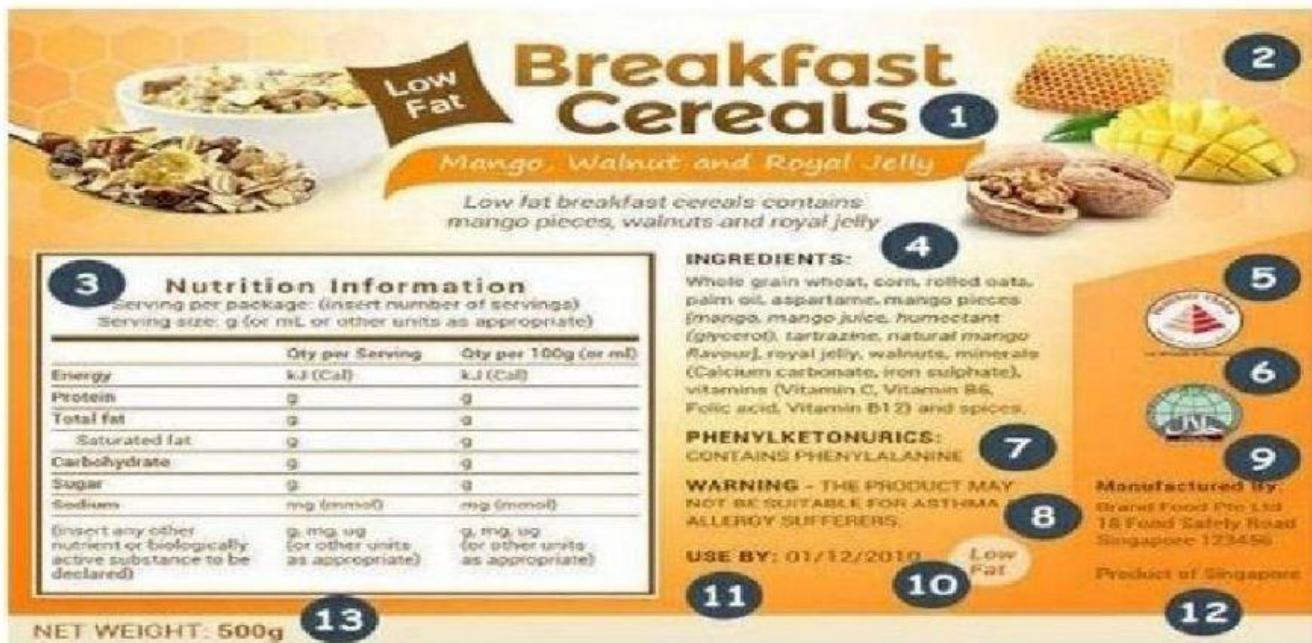
Ana : *Shhhh! Don't make any noise. My sister **is sleeping**.*



look make study come try  
stay start work have get

1. Ana : You \_\_\_\_\_ hard today.  
Ima : Yes, I have a lot to do.
2. Nona : I \_\_\_\_\_ for Salma. Do you know where she is?  
Reno : Sorry. I don't know.
3. Ana : It \_\_\_\_\_ dark. Shall I turn on the light?  
Andin : Yes, please.
4. Salma : The refugees haven't got anywhere to live at the moment. They \_\_\_\_\_ with relatives or friends until they built a new home.  
Ivan : I feel bad for them.
5. Daddy : It's six thirty. Are you ready, Salma?  
Salma : Yes. I \_\_\_\_\_.
6. Ana : You \_\_\_\_\_ too much noise. Can you be a little quieter?  
I \_\_\_\_\_ to concentrate on my homework.  
Andin : Sorry. I will.
7. Mother : Don't forget your umbrella. It \_\_\_\_\_ to rain.  
Salma : OK, Mum. Thank you.
8. Dinda : Jessica called me last night. She is on holiday in Yogyakarta. She \_\_\_\_\_ a great time. She doesn't want to come back.  
Alya : What fun!
9. Salma : Aliando is a university student.  
Andin : Yeah. I know that. He \_\_\_\_\_ history.

Drag the numbers on the label to fill answer!



1. What is the name of the product?
2. Where the product does comes from?
3. Which part of the label that shows us the nutrition?
4. Does it good for allergy sufferers?
5. When does the product expired date?
6. How many weight of the product?