

DIABETIC EPISODE

Starter activity

Write the correct meaning of the given prefixes, suffixes and root words from the words given below

Hyper = _____

Hypo = _____

Glyc = _____

aemia = _____

Haem = _____

Blood condition

Too high

Blood

Sugar

Too low

MATCH THE WORDS TO THEIR RELATED SENTENCES

Insulin	()	1. Low blood glucose
Diabetes	()	2. Feeling too weak or tired
Hypoglycaemia	()	3. Loss of water or body fluids
Hyperglycaemia	()	4. Frequent urination
Fatigue	()	5. Hormone produced by pancreas
Dehydration	()	6. High blood glucose
Polyuria	()	7. Excessive thirst
Polydipsia	()	8. Disease in which the blood glucose levels are too high

Write the names for the pictures based on the amount of glucose (sugar) in the blood



Identify and write the signs of Hypoglycaemia

DIZZINESS

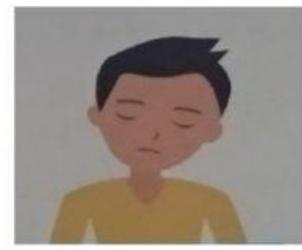
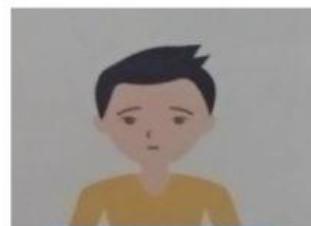
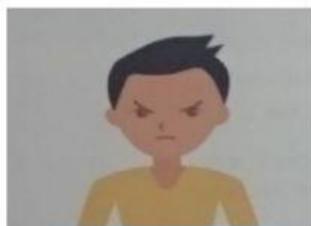
HUNGER

SWEATING

IRRITABILITY

SLEEPINESS

PALE



Identify 3 steps to be taken during an emergency medical care for hypoglycaemia

1. Give the person a sugary snack such as a sugar lump or a sweet.
2. Leave the person and do not help.
3. If the person is conscious but is unable to eat, someone who is with them should put some honey or a sweet syrup inside their cheek and monitor them.
4. You should not give them anything to eat
5. If the person becomes unconscious, you should call 998 and ask for emergency medical help.

Identify and write the signs of Hyperglycaemia

Increased thirst Headache Breath Blurred vision Frequent urination Weakness



Identify 3 steps to be taken during an emergency medical care for hyperglycaemia

1. Leave the person and do not help.
2. Change the dosage of insulin.
3. Eating fewer carbohydrates and sugary foods.
4. Give the person a sugary snack such as a sugar lump or a sweet.
5. if the person has problems breathing, a very dry mouth, or a fruity smell in their breath, they should see a doctor.

TRUE OR FALSE – Read the following statements and identify if they are true or false.

1. Hyperglycaemia is caused by not doing enough physical exercise. ()
2. Polydipsia is excessive urination. ()
3. A diabetic patient can produce insulin properly. ()
4. Hypoglycaemia can occur when a diabetic person misses a meal. ()
5. Having high blood sugar for long period of time can lead to damage to other parts of the body. ()