**Why water is so important for our bodies?**

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## What's the big deal?

It's common to hear that water is essential for your body. But why?
This substance is involved in many important functions, including:

- flushing out waste from your body
- regulating body temperature
- helping your brain function

Do you know that body contains a lot of water?

**IMPORTANT WORDS: (order the words)**

(R-I-B-N-A)

_____

(O-D-B-Y)

_____

**THE HUMAN BODY AND WATER**

The body of a new born contains about **80%** of water.

The body of a toddler contains about ..... % of water.

The body of a child contains about ..... % of water.

The body of an adult man contains about .....% of water

The body of an adult woman contains about .....% of water

## COMPLETE WITH

**WATER- CONTAINS- ABOUT- ADULT- WOMAN**

**THE BODY OF A NEW BORN CONTAINS ABOUT 80% OF ..... WATER.....**

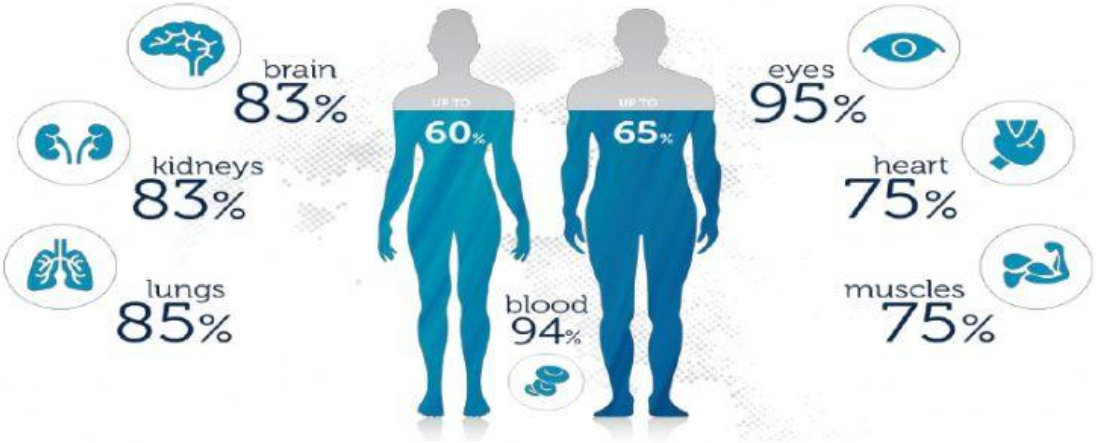
**THE BODY OF A TODDLER ..... ABOUT 70% OF WATER**

**THE BODY OF A CHILD CONTAINS ..... 65% OF WATER**

**THE BODY OF AN ..... MAN CONTAINS ABOUT 55% OF WATER**

**THE BODY OF AN ADULT ..... CONTAINS ABOUT 55% OF WATER**

## PARTS OF OUR BODIES AND WATER




FUENTE:H.H. Mitchell, Journal of Biological Chemistry}

(PEQUEÑA EXPLICACION: SI HABLAMOS DE UNA PARTE DEL CUERPO EN PLURAL UTILIZAREMOS **ARE,** PERO SI HABLAMOS DE UNA PARTE DEL CUERPO EN SINGULAR UTILIZAREMOS **IS**

**POR EJEMPLO:**

**KIDNEYS ARE COMPOSED OF 83% OF WATER (KIDNEYS ES PLURAL)**

**BLOOD IS COMPOSED OF 94% OF WATER (BLOOD ES SINGULAR)**

**THE HUMAN BRAIN ___IS_____ _____COMPOSED_____ ___OF___ ___83___ % OF WATER**

**THE HUMAN EYES _____ _____ _____ _____ % OF WATER**

**THE HUMAN HEART _____ _____ _____ _____ % OF WATER**

**THE HUMAN MUSCLES _____ _____ _____ _____ % OF WATER**

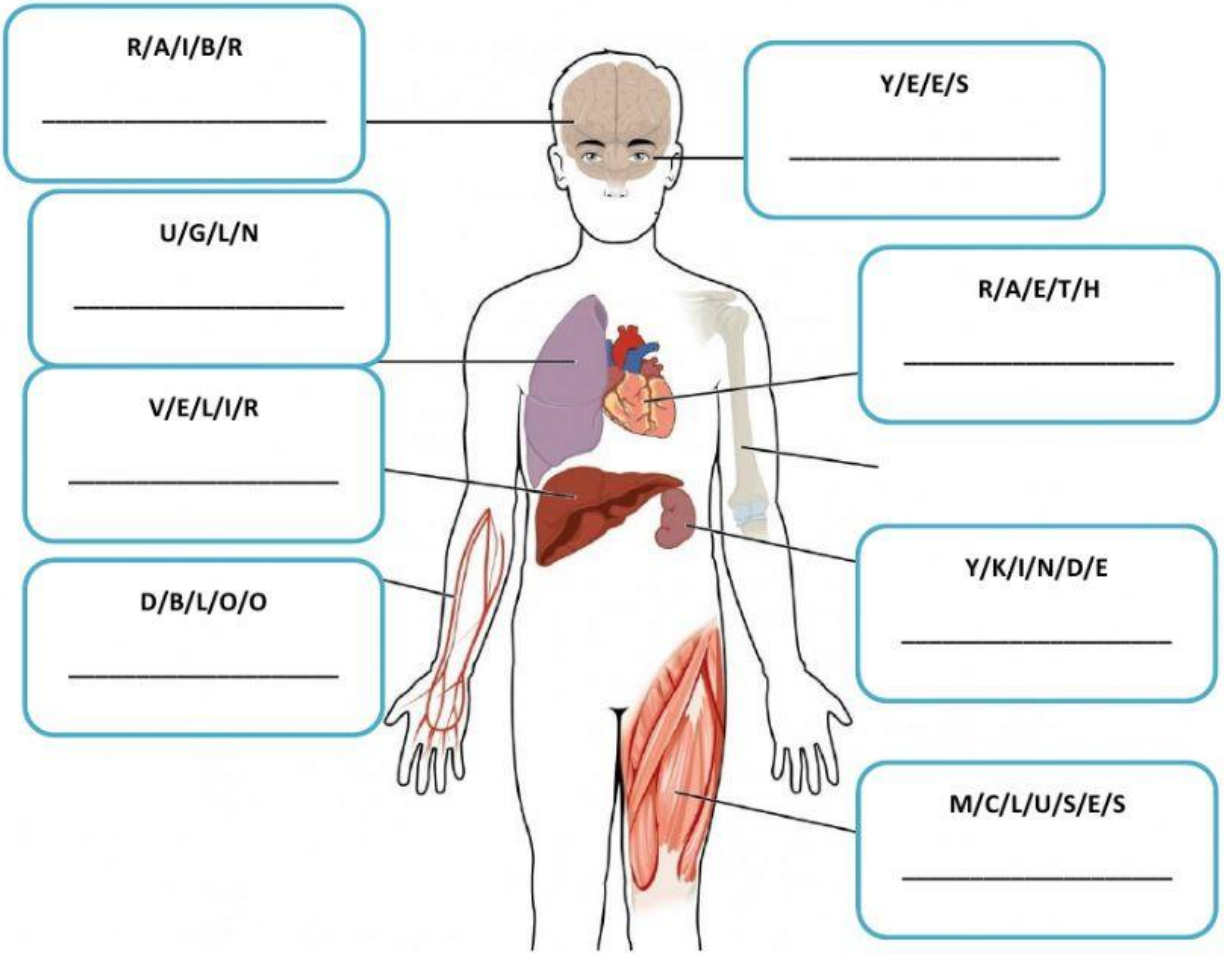
**THE HUMAN KIDNEYS _____ _____ _____ _____ % OF WATER**

**THE HUMAN LUNGS _____ _____ _____ _____ % OF WATER**

**THE HUMAN BLOOD _____ _____ _____ _____ % OF WATER**

## PARTS OF THE BODY-ORGANS

**ORDER THE WORDS**




**TRUE OR FALSE- VERDADERO O FALSO**

THE HUMAN BRAIN IS COMPOSED OF 85 % OF WATER. ☐

THE HUMAN EYES ARE COMPOSED OF 85 % OF WATER. ☐

THE HUMAN HEART IS COMPOSED OF 75 % OF WATER. ☐

THE HUMAN MUSCLES ARE COMPOSED OF 75 % OF WATER. ☐

THE HUMAN KIDNEYS ARE COMPOSED OF 83 % OF WATER. ☐

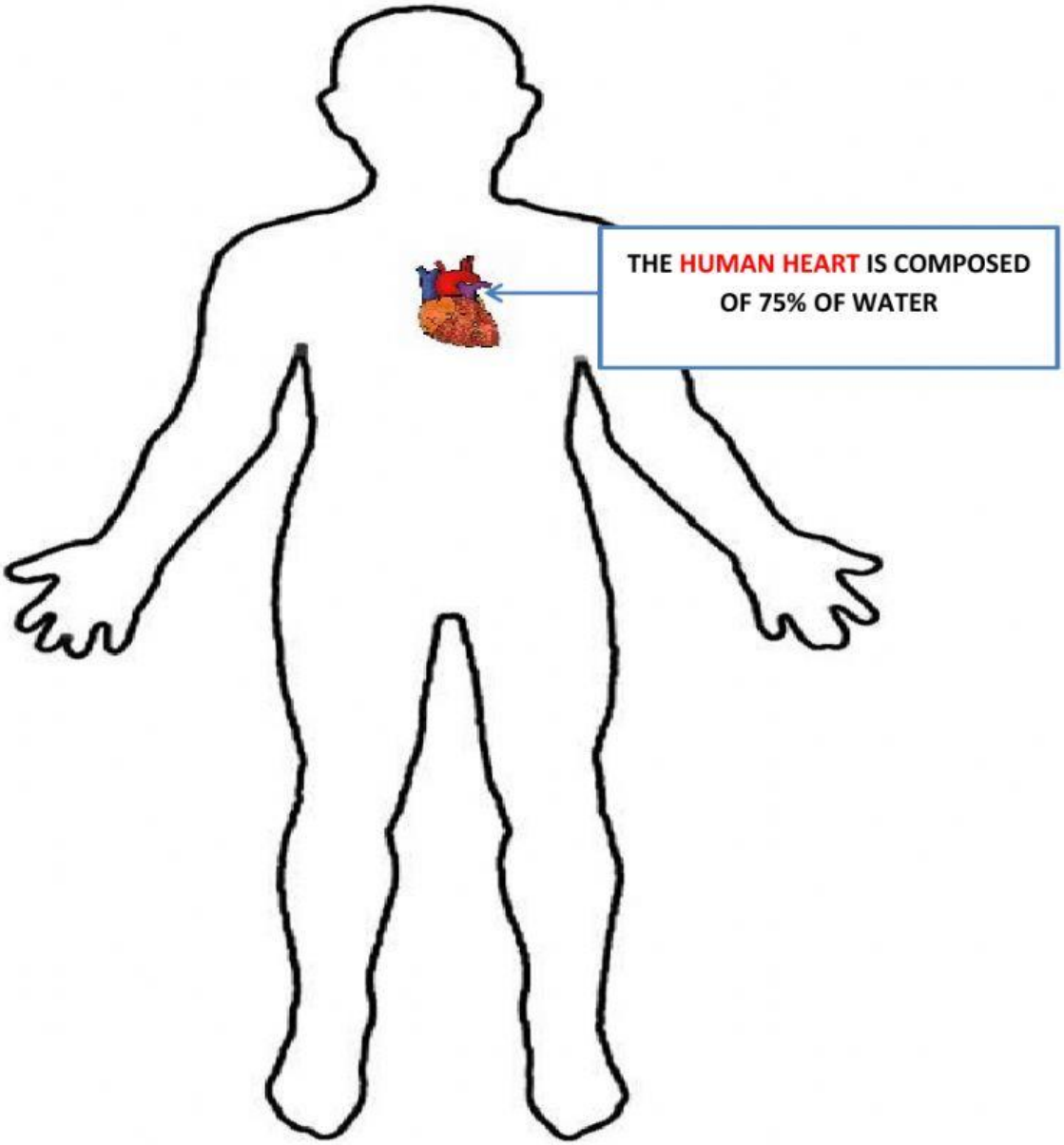
THE HUMAN LUNGS ARE COMPOSED OF 85 % OF WATER. ☐

THE HUMAN BLOOD IS COMPOSED OF 76 % OF WATER. ☐

**AHORA TE INVITAMOS A REALIZAR UNA INFOGRAFIA:**

La **Infografía** es una combinación de imágenes sintéticas, explicativas y fáciles de entender y textos con el fin de comunicar información de manera visual para facilitar su transmisión.

LA IDEAS ES QUE COMPLETES LA IMAGEN DE LA SIGUIENTE FORMA.

1. DIBUJAR LOS ORGANOS QUE VIMOS.
2. COLOCAR SU NOMBRE
3. COLOCAR CUANTA AGUA CONTIENEN LOS ORGANOS
4. EL PRIMERO ESTA HECHO PARA EJEMPLIFICAR

## WATER IN OUR BODIES