

Emotions and microexpressions

What is a microexpression?

It's a brief, involuntary facial expression shown on the face of humans according to emotions experienced. Everybody has the same expressions. They usually occur in high-stakes situations, where people have something to lose or gain. Unlike regular facial expressions, it is difficult to fake microexpressions. Microexpressions express the seven universal emotions: disgust, anger, fear, sadness, happiness, surprise and contempt. They are brief in duration, lasting only 0.5 seconds.

Read again and write TRUE or FALSE.

1. You can control your microexpressions _____
2. They last for a very short time _____
3. There are different microexpressions to express the same emotion _____
4. You can simulate microexpressions _____
5. Different cultures express these seven microexpressions in the same way _____

Watch the video.



Look at the pictures and choose the correct emotion.

