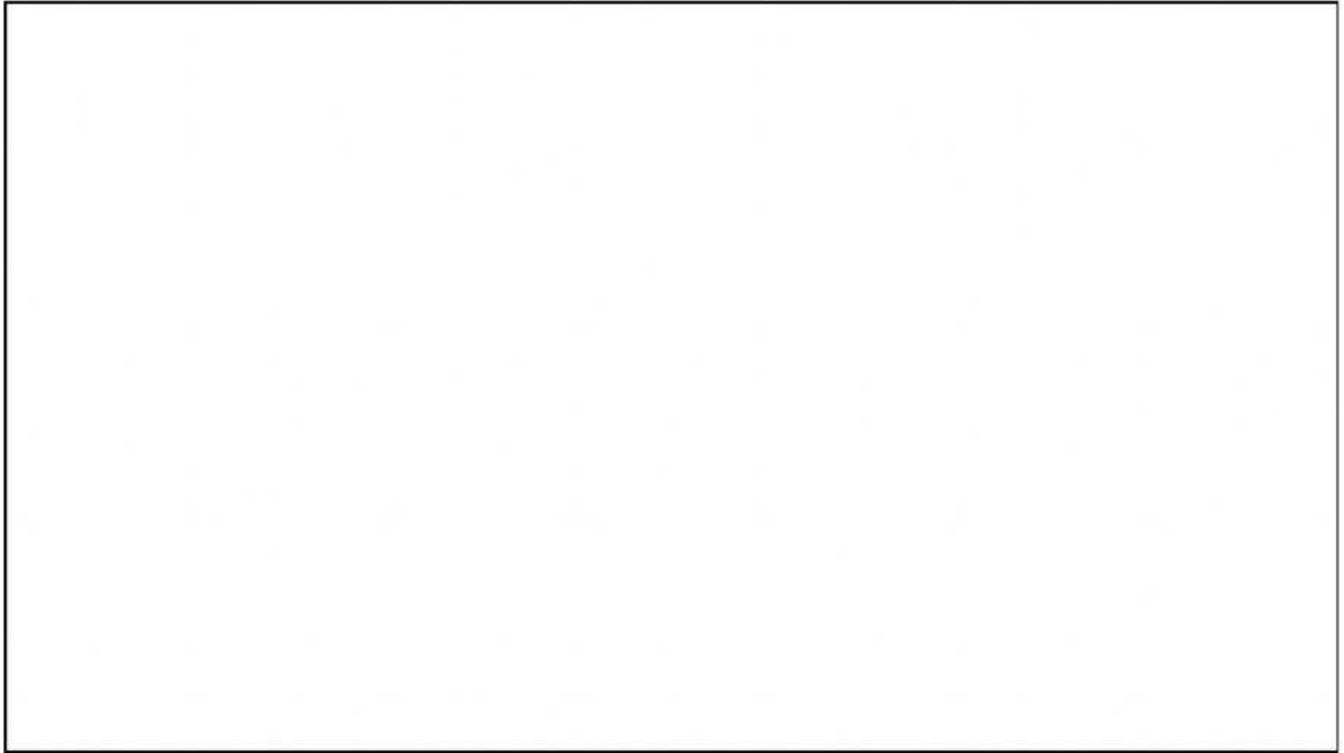


## DIANA NYAD, 64, COMPLETED 177 KM CUBA-TO-FLORIDA SWIM!



Diana Nyad, 64, became the first person to swim from Cuba to Florida without a shark cage. She started the swim on August 31, 2013 and finished on September 2, 2013 at 2:00 p.m. It was a 177 km swim. Diana tried four times in the past, but failed. It was a very difficult swim. She swam for 52 hours and 54 minutes. Diana wore a special suit to keep the jellyfish from stinging her. She fought obstacles\* such as very cold water temperatures, sickness from the salt water and fatigue\*. When she finished, she said, "I got three messages. One is we should never, ever give up. Two is you never are too old to chase your dreams. Three is it looks like a solitary sport\*, but it's a team."

obstacles\* - מכשולים

solitary sport\* - ספורט בודד

fatigue\* - עייפות

Match the words in English to their translation in Hebrew.

shark cage

لاذع

special suit

درجات الحرارة

jellyfish

ماء مالح

stinging

قفص القرش

obstacles

الرياضة الانفرادي

temperatures

إعياء

sickness

قناديل البحر

salt water

رسائل

fatigue

العقبات

messages

بدلة خاصة

solitary sport

غثيان

Choose the correct answer.

Who swam from Cuba to Florida?

How old was Diana?

Where did she start her swim?

When did she start?

Where did she finish?

How far did she swim?

How many times did she try before?

How long did she swim for?

What did she wear?

Besides cold water temperatures and sickness from the salt water, what other obstacle did she face?



She stopped to say thank you to everyone who helped her.

She wore a special mask and suit to protect her from jellyfish.

There were boats near her to help protect her from sharks and to make sure she was okay.

A medical team checked her to make sure she was healthy after the swim.